

































Cape Lookout Bight, NC - Jun 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 2:16 | 3.6 | 3:00 | 3.9 | 8:48 | 0.6 | 9:38 | 0.8 | 5:54 | 8:13 |  |
| 2 | Sat | 3:14 | 3.3 | 3:57 | 3.9 | 9:38 | 0.6 | 10:29 | 0.8 | 5:53 | 8:14 |  |
| 3 | Sun | 4:11 | 3.2 | 4:46 | 4.1 | 10:19 | 0.6 | 11:14 | 0.7 | 5:53 | 8:14 |  |
| 4 | Mon | 5:00 | 3.2 | 5:30 | 4.2 | 10:57 | 0.6 | 11:58 | 0.7 | 5:53 | 8:15 |  |
| 5 | Tue | 5:46 | 3.2 | 6:12 | 4.3 | 11:34 | 0.6 | | | 5:53 | 8:15 |  |
| 6 | Wed | 6:28 | 3.2 | 6:51 | 4.4 | 12:43 | 0.7 | 12:14 | 0.6 | 5:53 | 8:16 |  |
| 7 | Thu | 7:07 | 3.2 | 7:29 | 4.5 | 1:27 | 0.6 | 12:58 | 0.5 | 5:52 | 8:17 |  |
| 8 | Fri | 7:44 | 3.3 | 8:05 | 4.5 | 2:07 | 0.6 | 1:41 | 0.5 | 5:52 | 8:17 |  |
| 9 | Sat | 8:20 | 3.3 | 8:41 | 4.5 | 2:43 | 0.5 | 2:21 | 0.5 | 5:52 | 8:18 |  |
| 10 | Sun | 8:58 | 3.3 | 9:19 | 4.4 | 3:18 | 0.5 | 3:00 | 0.5 | 5:52 | 8:18 |  |
| 11 | Mon | 9:39 | 3.3 | 10:01 | 4.3 | 3:54 | 0.5 | 3:40 | 0.5 | 5:52 | 8:18 |  |
| 12 | Tue | 10:28 | 3.4 | 10:48 | 4.1 | 4:31 | 0.5 | 4:25 | 0.6 | 5:52 | 8:19 |  |
| 13 | Wed | 11:20 | 3.5 | 11:37 | 4.0 | 5:10 | 0.5 | 5:14 | 0.7 | 5:52 | 8:19 |  |
| 14 | Thu | | | 12:10 | 3.7 | 5:51 | 0.5 | 6:08 | 0.7 | 5:52 | 8:20 |  |
| 15 | Fri | 12:24 | 3.8 | 1:00 | 3.9 | 6:36 | 0.4 | 7:09 | 0.8 | 5:52 | 8:20 |  |
| 16 | Sat | 1:12 | 3.7 | 1:53 | 4.2 | 7:26 | 0.4 | 8:19 | 0.7 | 5:52 | 8:20 |  |
| 17 | Sun | 2:06 | 3.5 | 2:52 | 4.4 | 8:24 | 0.3 | 9:28 | 0.6 | 5:52 | 8:21 |  |
| 18 | Mon | 3:08 | 3.5 | 3:54 | 4.7 | 9:23 | 0.1 | 10:27 | 0.4 | 5:52 | 8:21 |  |
| 19 | Tue | 4:11 | 3.5 | 4:54 | 4.9 | 10:17 | -0.1 | 11:22 | 0.3 | 5:53 | 8:21 |  |
| 20 | Wed | 5:12 | 3.5 | 5:52 | 5.1 | 11:10 | -0.2 | | | 5:53 | 8:22 |  |
| 21 | Thu | 6:12 | 3.7 | 6:48 | 5.3 | 12:21 | 0.1 | 12:07 | -0.3 | 5:53 | 8:22 |  |
| 22 | Fri | 7:08 | 3.8 | 7:41 | 5.3 | 1:20 | 0.0 | 1:08 | -0.3 | 5:53 | 8:22 |  |
| 23 | Sat | 8:01 | 3.9 | 8:30 | 5.2 | 2:15 | -0.1 | 2:07 | -0.3 | 5:54 | 8:22 |  |
| 24 | Sun | 8:52 | 4.0 | 9:19 | 5.0 | 3:05 | -0.1 | 3:01 | -0.2 | 5:54 | 8:22 |  |
| 25 | Mon | 9:45 | 4.0 | 10:12 | 4.7 | 3:52 | -0.1 | 3:54 | 0.0 | 5:54 | 8:22 |  |
| 26 | Tue | 10:44 | 4.0 | 11:06 | 4.3 | 4:40 | 0.0 | 4:49 | 0.2 | 5:54 | 8:23 |  |
| 27 | Wed | 11:42 | 4.0 | 11:58 | 4.0 | 5:26 | 0.1 | 5:44 | 0.5 | 5:55 | 8:23 |  |
| 28 | Thu | | | 12:34 | 4.0 | 6:12 | 0.3 | 6:42 | 0.7 | 5:55 | 8:23 |  |
| 29 | Fri | 12:45 | 3.7 | 1:23 | 3.9 | 6:59 | 0.5 | 7:46 | 0.9 | 5:55 | 8:23 |  |
| 30 | Sat | 1:32 | 3.4 | 2:14 | 3.9 | 7:51 | 0.6 | 8:57 | 1.0 | 5:56 | 8:23 |  |