US HARBORS www.USHarbors.com

Cape Lookout Bight, NC - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:27	3.0	3:09	3.8	8:45	0.8	10:03	1.0	5:56	8:23	
2	Mon	3:21	2.9	4:00	3.9	9:34	0.8	10:45	1.0	5:57	8:23	
3	Tue	4:13	2.8	4:48	3.9	10:14	0.8	11:24	1.0	5:57	8:22	
4	Wed	5:01	2.8	5:33	4.0	10:50	0.8			5:58	8:22	
5	Thu	5:47	2.8	6:18	4.1	12:05	1.0	11:28 AM	0.8	5:58	8:22	
6	Fri	6:33	2.9	7:00	4.2	12:50	0.9	12:10	0.7	5:59	8:22	
7	Sat	7:16	3.0	7:38	4.3	1:34	0.8	12:58	0.7	5:59	8:22	
8	Sun	7:54	3.2	8:14	4.3	2:11	0.7	1:47	0.6	6:00	8:22	
9	Mon	8:32	3.3	8:50	4.3	2:45	0.6	2:31	0.6	6:00	8:21	
10	Tue	9:11	3.5	9:29	4.2	3:19	0.5	3:15	0.5	6:01	8:21	
11	Wed	9:56	3.7	10:14	4.1	3:55	0.4	4:02	0.5	6:01	8:21	
12	Thu	10:50	3.9	11:06	3.9	4:34	0.3	4:53	0.5	6:02	8:20	
13	Fri	11:45	4.1	11:59	3.8	5:16	0.3	5:48	0.6	6:03	8:20	
14	Sat			12:36	4.4	6:01	0.2	6:45	0.6	6:03	8:20	
15	Sun	12:49	3.6	1:29	4.5	6:50	0.2	7:50	0.7	6:04	8:19	
16	Mon	1:42	3.5	2:27	4.7	7:47	0.2	9:04	0.6	6:05	8:19	
17	Tue	2:43	3.4	3:31	4.8	8:54	0.1	10:09	0.5	6:05	8:18	
18	Wed	3:49	3.4	4:34	4.9	9:57	0.0	11:05	0.4	6:06	8:18	
19	Thu	4:54	3.5	5:35	5.0	10:53	0.0			6:07	8:17	
20	Fri	5:56	3.6	6:34	5.0	12:02	0.3	11:50 AM	0.0	6:07	8:17	
21	Sat	6:57	3.8	7:28	5.0	1:03	0.3	12:53	0.0	6:08	8:16	
22	Sun	7:50	4.0	8:16	4.9	1:59	0.2	1:55	0.0	6:09	8:16	
23	Mon	8:39	4.1	9:01	4.7	2:47	0.1	2:50	0.1	6:09	8:15	
24	Tue	9:26	4.1	9:47	4.4	3:31	0.1	3:41	0.3	6:10	8:14	
25	Wed	10:18	4.1	10:38	4.0	4:13	0.2	4:32	0.5	6:11	8:14	
26	Thu	11:13	4.0	11:30	3.7	4:55	0.4	5:22	0.7	6:11	8:13	
27	Fri			12:04	4.0	5:35	0.6	6:12	0.9	6:12	8:12	
28	Sat	12:16	3.5	12:48	4.0	6:14	0.7	7:03	1.1	6:13	8:11	
29	Sun	12:59	3.3	1:32	3.9	6:55	0.9	8:05	1.3	6:14	8:11	
30	Mon	1:42	3.1	2:20	3.9	7:42	1.0	9:18	1.3	6:14	8:10	
31	Tue	2:30	2.9	3:15	3.9	8:40	1.1	10:10	1.3	6:15	8:09	