

































Cape Lookout Bight, NC - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:31	2.9	4:18	3.9	9:45	0.9	10:56	1.1	6:16	8:08	
2	Thu	4:31	3.0	5:11	4.1	10:32	0.8	11:40	1.0	6:17	8:07	
3	Fri	5:24	3.1	5:58	4.3	11:17	0.7			6:17	8:06	
4	Sat	6:12	3.3	6:41	4.4	12:25	0.9	12:04	0.6	6:18	8:05	
5	Sun	6:56	3.6	7:20	4.5	1:07	0.7	12:53	0.5	6:19	8:04	
6	Mon	7:36	3.8	7:57	4.6	1:46	0.5	1:41	0.4	6:20	8:04	
7	Tue	8:14	4.1	8:33	4.6	2:21	0.4	2:25	0.3	6:20	8:03	
8	Wed	8:53	4.3	9:11	4.4	2:55	0.2	3:08	0.2	6:21	8:02	
9	Thu	9:36	4.4	9:54	4.3	3:30	0.1	3:52	0.3	6:22	8:01	
10	Fri	10:25	4.6	10:42	4.1	4:08	0.1	4:40	0.4	6:22	7:59	
11	Sat	11:18	4.6	11:33	3.8	4:49	0.1	5:32	0.5	6:23	7:58	
12	Sun			12:13	4.7	5:36	0.2	6:29	0.7	6:24	7:57	
13	Mon	12:26	3.7	1:08	4.7	6:28	0.3	7:35	0.9	6:25	7:56	
14	Tue	1:21	3.5	2:10	4.6	7:30	0.4	8:53	0.9	6:25	7:55	
15	Wed	2:25	3.4	3:20	4.6	8:43	0.4	10:03	0.8	6:26	7:54	
16	Thu	3:39	3.4	4:28	4.7	9:53	0.3	11:00	0.7	6:27	7:53	
17	Fri	4:49	3.6	5:30	4.8	10:54	0.2	11:54	0.5	6:28	7:52	
18	Sat	5:51	3.9	6:25	4.8	11:52	0.2			6:28	7:51	
19	Sun	6:46	4.1	7:14	4.8	12:48	0.3	12:52	0.1	6:29	7:49	
20	Mon	7:34	4.4	7:57	4.8	1:37	0.2	1:47	0.1	6:30	7:48	
21	Tue	8:17	4.5	8:36	4.6	2:19	0.1	2:34	0.1	6:31	7:47	
22	Wed	8:57	4.5	9:15	4.4	2:57	0.2	3:17	0.2	6:31	7:46	
23	Thu	9:38	4.5	9:56	4.1	3:32	0.2	3:59	0.4	6:32	7:44	
24	Fri	10:23	4.4	10:40	3.8	4:08	0.4	4:42	0.6	6:33	7:43	
25	Sat	11:10	4.3	11:26	3.6	4:45	0.6	5:26	0.9	6:34	7:42	
26	Sun	11:58	4.1			5:24	0.8	6:13	1.1	6:34	7:41	
27	Mon	12:11	3.3	12:44	4.0	6:06	1.0	7:07	1.4	6:35	7:39	
28	Tue	12:56	3.2	1:34	3.9	6:56	1.1	8:18	1.5	6:36	7:38	
29	Wed	1:46	3.1	2:33	3.9	7:59	1.2	9:31	1.4	6:36	7:37	
30	Thu	2:49	3.0	3:37	3.9	9:09	1.2	10:22	1.3	6:37	7:35	
31	Fri	3:55	3.1	4:35	4.1	10:05	1.0	11:03	1.1	6:38	7:34	