
































## Cape Lookout Bight, NC - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:52	3.4	5:24	4.2	10:53	0.8	11:43	0.9	6:39	7:33	
2	Sun	5:41	3.7	6:09	4.4	11:40	0.7			6:39	7:31	
3	Mon	6:26	4.0	6:50	4.5	12:23	0.7	12:29	0.5	6:40	7:30	
4	Tue	7:08	4.4	7:29	4.6	1:03	0.5	1:18	0.3	6:41	7:29	
5	Wed	7:48	4.7	8:08	4.6	1:42	0.3	2:05	0.2	6:41	7:27	
6	Thu	8:28	5.0	8:47	4.5	2:20	0.2	2:50	0.1	6:42	7:26	
7	Fri	9:11	5.1	9:29	4.3	2:58	0.1	3:35	0.2	6:43	7:24	
8	Sat	10:00	5.1	10:18	4.1	3:39	0.0	4:23	0.3	6:44	7:23	
9	Sun	10:55	5.0	11:14	3.9	4:24	0.1	5:16	0.5	6:44	7:22	
10	Mon	11:54	4.9			5:14	0.3	6:14	0.8	6:45	7:20	
11	Tue	12:11	3.7	12:52	4.8	6:11	0.5	7:21	1.0	6:46	7:19	
12	Wed	1:11	3.6	1:56	4.6	7:18	0.6	8:42	1.0	6:46	7:17	
13	Thu	2:19	3.6	3:08	4.5	8:39	0.7	9:53	0.9	6:47	7:16	
14	Fri	3:35	3.7	4:17	4.5	9:53	0.6	10:47	0.7	6:48	7:15	
15	Sat	4:44	3.9	5:17	4.5	10:53	0.5	11:36	0.6	6:49	7:13	
16	Sun	5:42	4.2	6:10	4.6	11:49	0.4			6:49	7:12	
17	Mon	6:32	4.5	6:55	4.6	12:22	0.5	12:43	0.4	6:50	7:10	
18	Tue	7:15	4.7	7:35	4.5	1:07	0.4	1:33	0.3	6:51	7:09	
19	Wed	7:53	4.8	8:11	4.4	1:47	0.4	2:16	0.4	6:51	7:07	
20	Thu	8:29	4.8	8:46	4.2	2:22	0.4	2:55	0.4	6:52	7:06	
21	Fri	9:05	4.7	9:21	4.0	2:56	0.5	3:32	0.6	6:53	7:05	
22	Sat	9:43	4.6	10:00	3.8	3:29	0.6	4:10	0.8	6:54	7:03	
23	Sun	10:27	4.4	10:45	3.5	4:04	0.8	4:51	1.0	6:54	7:02	
24	Mon	11:16	4.3	11:34	3.4	4:42	0.9	5:35	1.2	6:55	7:00	
25	Tue			12:06	4.1	5:25	1.1	6:25	1.4	6:56	6:59	
26	Wed	12:22	3.2	12:55	4.0	6:14	1.3	7:25	1.5	6:57	6:57	
27	Thu	1:13	3.2	1:49	3.9	7:14	1.4	8:39	1.5	6:57	6:56	
28	Fri	2:11	3.2	2:51	3.9	8:28	1.4	9:38	1.4	6:58	6:55	
29	Sat	3:17	3.4	3:51	4.0	9:35	1.2	10:21	1.1	6:59	6:53	
30	Sun	4:16	3.7	4:44	4.2	10:27	0.9	10:58	0.9	6:59	6:52	