
































Cape Lookout Bight, NC - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:09	5.2	5:30	4.2	11:31	0.2	11:26	0.0	6:26	5:12	
2	Fri	5:57	5.5	6:17	4.3			12:24	0.1	6:27	5:11	
3	Sat	6:44	5.7	7:03	4.3	12:16	-0.1	1:15	0.0	6:28	5:11	
4	Sun	7:32	5.7	7:51	4.2	1:07	-0.2	2:05	0.0	6:29	5:10	
5	Mon	8:22	5.5	8:44	4.1	1:57	-0.2	2:55	0.1	6:30	5:09	
6	Tue	9:19	5.2	9:46	3.9	2:50	0.0	3:50	0.3	6:31	5:08	
7	Wed	10:21	4.9	10:52	3.9	3:48	0.2	4:47	0.5	6:32	5:07	
8	Thu	11:22	4.6	11:55	3.9	4:51	0.5	5:48	0.6	6:33	5:06	
9	Fri			12:21	4.3	6:01	0.8	6:55	0.7	6:34	5:05	
10	Sat	12:59	3.9	1:23	4.0	7:23	0.9	8:02	0.7	6:35	5:05	
11	Sun	2:08	4.0	2:29	3.8	8:38	0.8	8:55	0.6	6:35	5:04	
12	Mon	3:10	4.2	3:28	3.7	9:35	0.7	9:38	0.6	6:36	5:03	
13	Tue	4:01	4.4	4:19	3.7	10:23	0.7	10:17	0.5	6:37	5:03	
14	Wed	4:46	4.5	5:04	3.6	11:09	0.6	10:55	0.6	6:38	5:02	
15	Thu	5:26	4.6	5:44	3.6	11:55	0.6	11:35	0.6	6:39	5:01	
16	Fri	6:03	4.7	6:20	3.6			12:37	0.6	6:40	5:01	
17	Sat	6:38	4.7	6:54	3.6	12:14	0.6	1:14	0.6	6:41	5:00	
18	Sun	7:13	4.6	7:28	3.5	12:53	0.6	1:49	0.6	6:42	4:59	
19	Mon	7:48	4.6	8:04	3.4	1:30	0.6	2:25	0.7	6:43	4:59	
20	Tue	8:25	4.4	8:44	3.3	2:06	0.7	3:01	0.7	6:44	4:58	
21	Wed	9:08	4.3	9:33	3.3	2:45	0.8	3:40	0.8	6:45	4:58	
22	Thu	9:57	4.1	10:26	3.3	3:27	0.9	4:22	0.9	6:46	4:58	
23	Fri	10:46	4.0	11:17	3.4	4:15	1.0	5:05	0.9	6:47	4:57	
24	Sat	11:33	3.8			5:08	1.1	5:51	0.9	6:48	4:57	
25	Sun	12:06	3.5	12:21	3.7	6:10	1.1	6:43	0.8	6:49	4:56	
26	Mon	12:59	3.8	1:15	3.6	7:20	1.0	7:38	0.6	6:50	4:56	
27	Tue	1:57	4.1	2:14	3.6	8:28	0.8	8:30	0.4	6:51	4:56	
28	Wed	2:55	4.5	3:13	3.6	9:23	0.5	9:18	0.1	6:52	4:56	
29	Thu	3:50	4.8	4:08	3.7	10:15	0.3	10:06	-0.1	6:53	4:55	
30	Fri	4:44	5.2	5:03	3.8	11:09	0.1	10:57	-0.3	6:53	4:55	