

































## Cape Lookout Bight, NC - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:49	4.0	4:03	3.1	10:17	0.5	10:04	0.3	7:13	5:06	
2	Tue	4:37	4.1	4:52	3.1	11:03	0.5	10:46	0.3	7:13	5:06	
3	Wed	5:20	4.1	5:36	3.2	11:49	0.4	11:29	0.2	7:13	5:07	
4	Thu	6:00	4.2	6:15	3.3			12:31	0.3	7:13	5:08	
5	Fri	6:35	4.3	6:51	3.4	12:13	0.2	1:08	0.2	7:13	5:09	
6	Sat	7:10	4.3	7:26	3.4	12:54	0.2	1:41	0.2	7:13	5:10	
7	Sun	7:44	4.2	8:02	3.4	1:32	0.2	2:14	0.2	7:13	5:10	
8	Mon	8:20	4.1	8:42	3.4	2:10	0.2	2:47	0.1	7:13	5:11	
9	Tue	8:59	3.9	9:26	3.5	2:48	0.3	3:22	0.2	7:13	5:12	
10	Wed	9:42	3.8	10:14	3.5	3:29	0.3	3:58	0.2	7:13	5:13	
11	Thu	10:28	3.6	11:02	3.6	4:14	0.4	4:38	0.2	7:13	5:14	
12	Fri	11:14	3.5	11:50	3.7	5:03	0.5	5:22	0.2	7:13	5:15	
13	Sat			12:02	3.3	6:00	0.6	6:12	0.2	7:13	5:16	
14	Sun	12:42	3.9	12:55	3.2	7:06	0.6	7:13	0.1	7:13	5:17	
15	Mon	1:42	4.0	1:58	3.2	8:16	0.5	8:16	0.0	7:12	5:18	
16	Tue	2:46	4.3	3:04	3.3	9:16	0.3	9:14	-0.3	7:12	5:19	
17	Wed	3:47	4.5	4:07	3.5	10:11	0.0	10:09	-0.5	7:12	5:19	
18	Thu	4:45	4.8	5:06	3.7	11:08	-0.2	11:07	-0.6	7:11	5:20	
19	Fri	5:41	5.0	6:03	4.0			12:05	-0.4	7:11	5:21	
20	Sat	6:32	5.1	6:55	4.2	12:08	-0.7	12:59	-0.6	7:11	5:22	
21	Sun	7:21	5.0	7:45	4.3	1:05	-0.8	1:48	-0.7	7:10	5:23	
22	Mon	8:09	4.8	8:37	4.3	1:59	-0.8	2:35	-0.8	7:10	5:24	
23	Tue	9:00	4.6	9:33	4.3	2:51	-0.6	3:22	-0.7	7:09	5:25	
24	Wed	9:54	4.2	10:30	4.2	3:44	-0.4	4:10	-0.5	7:09	5:26	
25	Thu	10:48	3.9	11:24	4.0	4:39	-0.1	4:59	-0.2	7:08	5:27	
26	Fri	11:39	3.5			5:36	0.3	5:50	0.0	7:08	5:28	
27	Sat	12:17	3.9	12:29	3.2	6:41	0.5	6:48	0.2	7:07	5:29	
28	Sun	1:12	3.7	1:26	3.0	7:56	0.6	7:53	0.4	7:07	5:30	
29	Mon	2:14	3.6	2:29	2.9	9:00	0.6	8:50	0.4	7:06	5:31	
30	Tue	3:15	3.7	3:30	2.8	9:49	0.6	9:36	0.4	7:05	5:32	
31	Wed	4:07	3.7	4:22	2.9	10:34	0.5	10:20	0.3	7:05	5:33	