

































## Cape Lookout Bight, NC - Mar 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:19	3.7	4:37	3.2	10:40	0.6	10:37	0.4	6:34	6:02	
2	Sat	5:04	3.8	5:21	3.4	11:20	0.4	11:23	0.3	6:33	6:03	
3	Sun	5:44	3.9	6:01	3.6			12:00	0.3	6:31	6:04	
4	Mon	6:21	4.0	6:37	3.9	12:08	0.1	12:37	0.1	6:30	6:04	
5	Tue	6:56	4.1	7:13	4.0	12:50	0.0	1:12	0.0	6:29	6:05	
6	Wed	7:30	4.0	7:49	4.2	1:29	-0.1	1:45	-0.1	6:27	6:06	
7	Thu	8:07	4.0	8:29	4.2	2:08	-0.1	2:20	-0.1	6:26	6:07	
8	Fri	8:47	3.8	9:14	4.3	2:48	0.0	2:57	-0.1	6:25	6:08	
9	Sat	9:33	3.7	10:05	4.3	3:32	0.0	3:39	-0.1	6:24	6:09	
10	Sun	10:24	3.5	10:59	4.3	4:20	0.2	4:25	0.0	6:22	6:09	
11	Mon	11:18	3.4	11:53	4.2	5:14	0.3	5:19	0.1	6:21	6:10	
12	Tue			12:14	3.4	6:15	0.5	6:22	0.2	6:19	6:11	
13	Wed	12:53	4.2	1:18	3.4	7:28	0.5	7:37	0.2	6:18	6:12	
14	Thu	2:01	4.1	2:29	3.5	8:38	0.3	8:48	0.0	6:17	6:13	
15	Fri	3:09	4.2	3:37	3.8	9:36	0.1	9:49	-0.1	6:15	6:14	
16	Sat	4:11	4.3	4:38	4.1	10:28	-0.1	10:47	-0.3	6:14	6:14	
17	Sun	5:08	4.5	5:34	4.4	11:21	-0.3	11:46	-0.4	6:13	6:15	
18	Mon	6:00	4.5	6:23	4.6			12:13	-0.4	6:11	6:16	
19	Tue	6:46	4.5	7:08	4.8	12:42	-0.5	1:01	-0.5	6:10	6:17	
20	Wed	7:29	4.4	7:51	4.7	1:31	-0.5	1:44	-0.5	6:08	6:18	
21	Thu	8:11	4.2	8:36	4.6	2:16	-0.4	2:25	-0.3	6:07	6:18	
22	Fri	8:56	3.9	9:23	4.4	3:00	-0.2	3:06	-0.1	6:06	6:19	
23	Sat	9:44	3.6	10:13	4.2	3:45	0.1	3:48	0.1	6:04	6:20	
24	Sun	10:34	3.4	11:03	3.9	4:31	0.4	4:33	0.4	6:03	6:21	
25	Mon	11:22	3.2	11:51	3.8	5:20	0.6	5:21	0.6	6:01	6:21	
26	Tue			12:11	3.1	6:15	0.9	6:16	0.8	6:00	6:22	
27	Wed	12:41	3.6	1:04	3.0	7:23	1.0	7:25	0.9	5:59	6:23	
28	Thu	1:39	3.5	2:07	3.0	8:29	0.9	8:32	0.8	5:57	6:24	
29	Fri	2:41	3.5	3:08	3.2	9:16	0.8	9:23	0.7	5:56	6:25	
30	Sat	3:36	3.6	3:59	3.4	9:55	0.7	10:08	0.5	5:55	6:25	
31	Sun	4:24	3.7	4:45	3.7	10:34	0.5	10:52	0.4	5:53	6:26	