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Cape Lookout Bight, NC - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:44**	4.1	**8:11**	5.3	**1:45**	-0.2	**1:45**	-0.4	5:57	8:23	
2	Tue	**8:36**	4.3	**9:01**	5.2	**2:38**	-0.3	**2:43**	-0.4	5:57	8:23	
3	Wed	**9:30**	4.3	**9:55**	4.9	**3:30**	-0.4	**3:39**	-0.3	5:57	8:22	
4	Thu	**10:30**	4.4	**10:55**	4.7	**4:21**	-0.4	**4:38**	-0.1	5:58	8:22	
5	Fri	**11:34**	4.4	**11:55**	4.4	**5:15**	-0.3	**5:39**	0.1	5:58	8:22	
6	Sat			**12:32**	4.4	**6:07**	-0.1	**6:40**	0.3	5:59	8:22	
7	Sun	**12:49**	4.1	**1:27**	4.4	**7:01**	0.1	**7:49**	0.5	6:00	8:22	
8	Mon	**1:43**	3.8	**2:24**	4.3	**8:00**	0.2	**9:06**	0.6	6:00	8:21	
9	Tue	**2:40**	3.5	**3:25**	4.2	**9:05**	0.4	**10:09**	0.7	6:01	8:21	
10	Wed	**3:41**	3.3	**4:22**	4.2	**9:59**	0.5	**10:58**	0.7	6:01	8:21	
11	Thu	**4:38**	3.2	**5:12**	4.2	**10:43**	0.5	**11:44**	0.7	6:02	8:21	
12	Fri	**5:29**	3.2	**6:00**	4.2	**11:23**	0.6			6:02	8:20	
13	Sat	**6:17**	3.2	**6:43**	4.2	**12:31**	0.8	**12:03**	0.7	6:03	8:20	
14	Sun	**7:00**	3.2	**7:21**	4.2	**1:17**	0.8	**12:48**	0.7	6:04	8:19	
15	Mon	**7:38**	3.3	**7:56**	4.2	**1:56**	0.7	**1:32**	0.7	6:04	8:19	
16	Tue	**8:13**	3.4	**8:29**	4.2	**2:29**	0.7	**2:13**	0.7	6:05	8:19	
17	Wed	**8:47**	3.4	**9:03**	4.1	**2:59**	0.7	**2:51**	0.7	6:06	8:18	
18	Thu	**9:24**	3.5	**9:39**	4.0	**3:29**	0.7	**3:29**	0.8	6:06	8:18	
19	Fri	**10:06**	3.5	**10:21**	3.8	**4:02**	0.6	**4:09**	0.8	6:07	8:17	
20	Sat	**10:54**	3.6	**11:07**	3.7	**4:37**	0.6	**4:53**	0.8	6:08	8:16	
21	Sun	**11:43**	3.8	**11:54**	3.6	**5:15**	0.6	**5:40**	0.9	6:08	8:16	
22	Mon			**12:29**	4.0	**5:56**	0.6	**6:30**	0.9	6:09	8:15	
23	Tue	**12:40**	3.6	**1:16**	4.1	**6:41**	0.5	**7:26**	0.9	6:10	8:15	
24	Wed	**1:27**	3.5	**2:08**	4.3	**7:33**	0.5	**8:33**	0.8	6:10	8:14	
25	Thu	**2:22**	3.5	**3:07**	4.5	**8:35**	0.4	**9:38**	0.7	6:11	8:13	
26	Fri	**3:25**	3.6	**4:08**	4.7	**9:37**	0.2	**10:34**	0.4	6:12	8:12	
27	Sat	**4:28**	3.7	**5:07**	4.9	**10:33**	0.0	**11:26**	0.2	6:13	8:12	
28	Sun	**5:29**	3.9	**6:06**	5.1	**11:28**	-0.2			6:13	8:11	
29	Mon	**6:30**	4.2	**7:02**	5.3	**12:23**	0.1	**12:28**	-0.3	6:14	8:10	
30	Tue	**7:27**	4.5	**7:55**	5.3	**1:22**	-0.1	**1:31**	-0.3	6:15	8:09	
31	Wed	**8:19**	4.7	**8:45**	5.2	**2:18**	-0.2	**2:31**	-0.3	6:15	8:08	