

































Cape Lookout Bight, NC - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:09	4.8	9:33	5.0	3:07	-0.4	3:25	-0.4	6:16	8:08	
2	Fri	10:03	4.8	10:26	4.7	3:55	-0.4	4:18	-0.2	6:17	8:07	
3	Sat	11:02	4.7	11:22	4.4	4:43	-0.3	5:14	0.1	6:18	8:06	
4	Sun	11:59	4.6			5:34	-0.1	6:11	0.4	6:18	8:05	
5	Mon	12:16	4.1	12:53	4.4	6:25	0.2	7:13	0.7	6:19	8:04	
6	Tue	1:08	3.8	1:48	4.3	7:22	0.4	8:26	0.9	6:20	8:03	
7	Wed	2:04	3.5	2:50	4.2	8:27	0.6	9:37	0.9	6:21	8:02	
8	Thu	3:07	3.3	3:53	4.1	9:31	0.7	10:31	0.9	6:21	8:01	
9	Fri	4:10	3.3	4:49	4.1	10:22	0.7	11:17	0.9	6:22	8:00	
10	Sat	5:05	3.4	5:38	4.2	11:06	0.7			6:23	7:59	
11	Sun	5:54	3.5	6:21	4.3	12:01	0.8	11:50 AM	0.6	6:24	7:58	
12	Mon	6:36	3.6	6:59	4.4	12:44	0.7	12:35	0.6	6:24	7:57	
13	Tue	7:14	3.8	7:34	4.4	1:23	0.6	1:19	0.5	6:25	7:56	
14	Wed	7:50	3.9	8:08	4.4	1:58	0.6	1:59	0.5	6:26	7:55	
15	Thu	8:24	4.1	8:41	4.4	2:31	0.5	2:37	0.5	6:27	7:53	
16	Fri	8:59	4.1	9:16	4.2	3:02	0.4	3:14	0.5	6:27	7:52	
17	Sat	9:38	4.2	9:54	4.1	3:34	0.4	3:52	0.5	6:28	7:51	
18	Sun	10:21	4.2	10:37	3.9	4:08	0.5	4:33	0.6	6:29	7:50	
19	Mon	11:09	4.2	11:24	3.8	4:46	0.5	5:18	0.8	6:30	7:49	
20	Tue	11:58	4.3			5:27	0.5	6:08	0.9	6:30	7:47	
21	Wed	12:13	3.7	12:49	4.3	6:14	0.6	7:06	1.0	6:31	7:46	
22	Thu	1:04	3.6	1:44	4.4	7:10	0.6	8:14	1.0	6:32	7:45	
23	Fri	2:02	3.6	2:47	4.5	8:18	0.6	9:24	0.8	6:33	7:44	
24	Sat	3:09	3.7	3:54	4.6	9:27	0.4	10:22	0.6	6:33	7:42	
25	Sun	4:17	3.9	4:55	4.8	10:27	0.2	11:16	0.3	6:34	7:41	
26	Mon	5:19	4.2	5:53	5.0	11:25	0.0			6:35	7:40	
27	Tue	6:17	4.6	6:47	5.2	12:10	0.1	12:24	-0.2	6:35	7:39	
28	Wed	7:11	4.9	7:37	5.2	1:04	-0.1	1:24	-0.3	6:36	7:37	
29	Thu	8:00	5.1	8:24	5.1	1:55	-0.3	2:19	-0.3	6:37	7:36	
30	Fri	8:48	5.2	9:11	4.9	2:42	-0.3	3:09	-0.2	6:38	7:35	
31	Sat	9:38	5.1	10:00	4.6	3:28	-0.3	4:00	-0.1	6:38	7:33	