
































Cape Lookout Bight, NC - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:12	4.0	7:43	5.4	1:20	-0.1	1:13	-0.4	5:57	8:23	
2	Sun	8:03	4.1	8:32	5.4	2:14	-0.2	2:10	-0.5	5:57	8:23	
3	Mon	8:55	4.2	9:24	5.2	3:04	-0.3	3:05	-0.4	5:58	8:22	
4	Tue	9:51	4.2	10:19	4.9	3:54	-0.3	4:00	-0.3	5:58	8:22	
5	Wed	10:52	4.2	11:17	4.6	4:46	-0.2	4:57	0.0	5:59	8:22	
6	Thu	11:53	4.2			5:38	-0.1	5:57	0.3	5:59	8:22	
7	Fri	12:13	4.3	12:50	4.2	6:30	0.1	7:00	0.5	6:00	8:22	
8	Sat	1:06	4.0	1:45	4.1	7:26	0.3	8:13	0.7	6:00	8:21	
9	Sun	2:00	3.7	2:45	4.1	8:27	0.4	9:25	0.8	6:01	8:21	
10	Mon	2:59	3.4	3:45	4.1	9:25	0.5	10:21	0.7	6:01	8:21	
11	Tue	4:00	3.3	4:40	4.2	10:13	0.5	11:09	0.7	6:02	8:21	
12	Wed	4:55	3.2	5:28	4.2	10:55	0.5	11:56	0.7	6:02	8:20	
13	Thu	5:44	3.3	6:12	4.3	11:36	0.5			6:03	8:20	
14	Fri	6:28	3.3	6:53	4.4	12:42	0.7	12:19	0.5	6:04	8:19	
15	Sat	7:09	3.4	7:30	4.4	1:26	0.6	1:04	0.5	6:04	8:19	
16	Sun	7:45	3.5	8:05	4.5	2:05	0.5	1:46	0.5	6:05	8:19	
17	Mon	8:21	3.5	8:40	4.4	2:39	0.5	2:26	0.5	6:06	8:18	
18	Tue	8:58	3.6	9:16	4.3	3:13	0.5	3:04	0.5	6:06	8:18	
19	Wed	9:37	3.6	9:56	4.2	3:46	0.5	3:43	0.5	6:07	8:17	
20	Thu	10:22	3.6	10:39	4.1	4:21	0.5	4:24	0.6	6:08	8:16	
21	Fri	11:10	3.7	11:26	3.9	4:57	0.5	5:09	0.7	6:08	8:16	
22	Sat	11:58	3.9			5:36	0.5	5:59	0.8	6:09	8:15	
23	Sun	12:11	3.8	12:45	4.0	6:19	0.5	6:54	0.8	6:10	8:15	
24	Mon	12:58	3.7	1:36	4.2	7:08	0.5	8:00	0.9	6:10	8:14	
25	Tue	1:50	3.5	2:34	4.4	8:05	0.4	9:09	0.8	6:11	8:13	
26	Wed	2:51	3.5	3:38	4.6	9:08	0.3	10:10	0.6	6:12	8:12	
27	Thu	3:56	3.5	4:39	4.8	10:06	0.1	11:06	0.4	6:13	8:12	
28	Fri	4:59	3.7	5:38	5.1	11:01	-0.1			6:13	8:11	
29	Sat	5:59	3.9	6:35	5.3	12:02	0.2	11:58 AM	-0.2	6:14	8:10	
30	Sun	6:56	4.2	7:28	5.4	1:01	0.0	12:59	-0.3	6:15	8:09	
31	Mon	7:49	4.4	8:17	5.3	1:56	-0.2	1:58	-0.4	6:16	8:08	