












Cape Lookout Bight, NC - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:24	3.5	11:58	3.4	5:07	0.8	5:37	0.5	7:13	5:06	
2	Tue			12:09	3.3	6:03	0.8	6:24	0.5	7:13	5:07	
3	Wed	12:47	3.6	12:59	3.2	7:09	0.8	7:19	0.4	7:13	5:08	
4	Thu	1:42	3.8	1:58	3.1	8:16	0.7	8:15	0.3	7:13	5:08	
5	Fri	2:42	4.0	2:58	3.1	9:13	0.5	9:06	0.0	7:13	5:09	
6	Sat	3:39	4.4	3:57	3.2	10:05	0.2	9:55	-0.2	7:13	5:10	
7	Sun	4:34	4.7	4:53	3.4	10:59	0.0	10:48	-0.4	7:13	5:11	
8	Mon	5:28	4.9	5:48	3.6	11:55	-0.2	11:45	-0.5	7:13	5:12	
9	Tue	6:19	5.1	6:39	3.8			12:50	-0.4	7:13	5:13	
10	Wed	7:09	5.2	7:30	4.0	12:43	-0.6	1:40	-0.5	7:13	5:14	
11	Thu	7:58	5.1	8:22	4.0	1:38	-0.7	2:28	-0.6	7:13	5:15	
12	Fri	8:49	4.8	9:20	4.1	2:32	-0.6	3:17	-0.6	7:13	5:15	
13	Sat	9:46	4.5	10:21	4.1	3:28	-0.4	4:07	-0.5	7:13	5:16	
14	Sun	10:42	4.2	11:19	4.1	4:26	-0.2	4:58	-0.3	7:12	5:17	
15	Mon	11:36	3.8			5:27	0.1	5:51	-0.1	7:12	5:18	
16	Tue	12:15	4.0	12:29	3.5	6:35	0.3	6:50	0.0	7:12	5:19	
17	Wed	1:13	3.9	1:28	3.2	7:52	0.5	7:53	0.2	7:12	5:20	
18	Thu	2:16	3.9	2:33	3.0	8:58	0.5	8:50	0.2	7:11	5:21	
19	Fri	3:18	3.9	3:34	2.9	9:52	0.5	9:38	0.2	7:11	5:22	
20	Sat	4:12	4.0	4:28	2.9	10:41	0.4	10:22	0.2	7:10	5:23	
21	Sun	5:00	4.0	5:16	3.0	11:30	0.4	11:06	0.2	7:10	5:24	
22	Mon	5:43	4.1	5:58	3.1			12:16	0.3	7:10	5:25	
23	Tue	6:21	4.1	6:36	3.2			12:56	0.3	7:09	5:26	
24	Wed	6:56	4.2	7:10	3.2	12:36	0.2	1:30	0.2	7:09	5:27	
25	Thu	7:30	4.1	7:45	3.3	1:16	0.1	2:02	0.2	7:08	5:28	
26	Fri	8:04	4.0	8:22	3.3	1:53	0.1	2:33	0.2	7:07	5:29	
27	Sat	8:41	3.9	9:03	3.4	2:30	0.2	3:05	0.2	7:07	5:30	
28	Sun	9:21	3.7	9:49	3.4	3:09	0.3	3:39	0.2	7:06	5:31	
29	Mon	10:05	3.6	10:35	3.5	3:51	0.4	4:15	0.2	7:06	5:32	
30	Tue	10:49	3.4	11:21	3.6	4:37	0.5	4:54	0.3	7:05	5:33	
31	Wed	11:34	3.2			5:28	0.6	5:38	0.3	7:04	5:34	