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# Cape Lookout Bight, NC - Oct 2004

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 9:35 | 4.8 | 9:57 | 3.8 | 3:22 | 0.9 | 4:09 | 0.9 | 7:01 | 6:50 | |
| 2 | Sat | 10:20 | 4.6 | 10:46 | 3.6 | 3:59 | 1.0 | 4:52 | 1.1 | 7:01 | 6:48 | |
| 3 | Sun | 11:11 | 4.4 | 11:37 | 3.5 | 4:38 | 1.2 | 5:36 | 1.3 | 7:02 | 6:47 | |
| 4 | Mon | | | 12:01 | 4.3 | 5:20 | 1.3 | 6:21 | 1.5 | 7:03 | 6:45 | |
| 5 | Tue | 12:24 | 3.3 | 12:48 | 4.2 | 6:04 | 1.5 | 7:11 | 1.6 | 7:04 | 6:44 | |
| 6 | Wed | 1:09 | 3.3 | 1:35 | 4.1 | 6:54 | 1.6 | 8:16 | 1.7 | 7:05 | 6:43 | |
| 7 | Thu | 1:57 | 3.3 | 2:28 | 4.0 | 7:56 | 1.6 | 9:22 | 1.6 | 7:05 | 6:41 | |
| 8 | Fri | 2:54 | 3.4 | 3:25 | 4.0 | 9:07 | 1.5 | 10:04 | 1.5 | 7:06 | 6:40 | |
| 9 | Sat | 3:51 | 3.5 | 4:18 | 4.1 | 10:02 | 1.4 | 10:39 | 1.3 | 7:07 | 6:39 | |
| 10 | Sun | 4:41 | 3.8 | 5:05 | 4.1 | 10:47 | 1.2 | 11:13 | 1.1 | 7:08 | 6:37 | |
| 11 | Mon | 5:28 | 4.1 | 5:51 | 4.2 | 11:32 | 1.0 | 11:50 | 0.9 | 7:08 | 6:36 | |
| 12 | Tue | 6:13 | 4.5 | 6:36 | 4.3 | | | 12:20 | 0.8 | 7:09 | 6:35 | |
| 13 | Wed | 6:58 | 4.8 | 7:20 | 4.3 | 12:31 | 0.8 | 1:13 | 0.6 | 7:10 | 6:33 | |
| 14 | Thu | 7:41 | 5.1 | 8:02 | 4.3 | 1:16 | 0.6 | 2:04 | 0.5 | 7:11 | 6:32 | |
| 15 | Fri | 8:23 | 5.3 | 8:44 | 4.2 | 2:01 | 0.5 | 2:52 | 0.4 | 7:12 | 6:31 | |
| 16 | Sat | 9:09 | 5.4 | 9:31 | 4.1 | 2:46 | 0.4 | 3:40 | 0.4 | 7:13 | 6:30 | |
| 17 | Sun | 10:01 | 5.3 | 10:27 | 4.0 | 3:33 | 0.4 | 4:33 | 0.5 | 7:13 | 6:28 | |
| 18 | Mon | 11:02 | 5.2 | 11:31 | 3.9 | 4:25 | 0.5 | 5:29 | 0.7 | 7:14 | 6:27 | |
| 19 | Tue | | | 12:05 | 5.0 | 5:22 | 0.6 | 6:28 | 0.8 | 7:15 | 6:26 | |
| 20 | Wed | 12:32 | 3.8 | 1:04 | 4.9 | 6:24 | 0.7 | 7:32 | 0.9 | 7:16 | 6:25 | |
| 21 | Thu | 1:33 | 3.9 | 2:05 | 4.7 | 7:34 | 0.9 | 8:47 | 0.9 | 7:17 | 6:24 | |
| 22 | Fri | 2:39 | 3.9 | 3:11 | 4.5 | 8:58 | 0.9 | 9:51 | 0.8 | 7:18 | 6:22 | |
| 23 | Sat | 3:48 | 4.1 | 4:15 | 4.4 | 10:09 | 0.8 | 10:39 | 0.7 | 7:19 | 6:21 | |
| 24 | Sun | 4:48 | 4.3 | 5:12 | 4.3 | 11:04 | 0.7 | 11:22 | 0.7 | 7:19 | 6:20 | |
| 25 | Mon | 5:42 | 4.6 | 6:05 | 4.2 | 11:57 | 0.7 | | | 7:20 | 6:19 | |
| 26 | Tue | 6:31 | 4.7 | 6:54 | 4.1 | 12:05 | 0.7 | 12:52 | 0.7 | 7:21 | 6:18 | |
| 27 | Wed | 7:14 | 4.8 | 7:35 | 4.0 | 12:49 | 0.7 | 1:43 | 0.7 | 7:22 | 6:17 | |
| 28 | Thu | 7:52 | 4.8 | 8:12 | 3.8 | 1:32 | 0.8 | 2:27 | 0.7 | 7:23 | 6:16 | |
| 29 | Fri | 8:28 | 4.8 | 8:47 | 3.7 | 2:10 | 0.9 | 3:05 | 0.8 | 7:24 | 6:15 | |
| 30 | Sat | 9:03 | 4.7 | 9:24 | 3.5 | 2:46 | 0.9 | 3:42 | 0.9 | 7:25 | 6:14 | |
| 31 | Sun | 8:42 | 4.5 | 9:06 | 3.4 | 2:22 | 1.0 | 3:21 | 1.0 | 6:26 | 5:13 | |