































## Cape Lookout Bight, NC - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:53	3.6	6:32	5.2	12:02	0.2	11:49 AM	-0.2	5:57	8:23	
2	Wed	6:51	3.8	7:26	5.3	1:03	0.1	12:50	-0.3	5:57	8:23	
3	Thu	7:45	3.9	8:16	5.2	1:59	0.0	1:51	-0.3	5:58	8:22	
4	Fri	8:37	4.1	9:04	5.0	2:49	-0.1	2:47	-0.3	5:58	8:22	
5	Sat	9:29	4.1	9:55	4.7	3:36	-0.1	3:40	-0.1	5:59	8:22	
6	Sun	10:26	4.1	10:49	4.4	4:23	-0.1	4:34	0.1	5:59	8:22	
7	Mon	11:24	4.1	11:41	4.1	5:09	0.0	5:29	0.4	6:00	8:22	
8	Tue			12:17	4.1	5:54	0.2	6:25	0.6	6:00	8:21	
9	Wed	12:30	3.7	1:06	4.0	6:40	0.4	7:26	0.9	6:01	8:21	
10	Thu	1:16	3.4	1:56	4.0	7:29	0.6	8:37	1.0	6:01	8:21	
11	Fri	2:05	3.2	2:52	3.9	8:25	0.7	9:42	1.0	6:02	8:21	
12	Sat	3:02	3.0	3:49	3.9	9:21	0.8	10:32	1.0	6:03	8:20	
13	Sun	4:01	2.9	4:43	4.0	10:08	0.8	11:17	1.0	6:03	8:20	
14	Mon	4:55	2.9	5:32	4.1	10:50	0.7			6:04	8:19	
15	Tue	5:45	3.0	6:17	4.2	12:03	0.9	11:33 AM	0.7	6:04	8:19	
16	Wed	6:31	3.2	6:58	4.4	12:50	0.8	12:19	0.6	6:05	8:19	
17	Thu	7:13	3.3	7:36	4.5	1:33	0.7	1:07	0.5	6:06	8:18	
18	Fri	7:51	3.5	8:11	4.5	2:10	0.6	1:52	0.5	6:06	8:18	
19	Sat	8:27	3.6	8:46	4.4	2:43	0.5	2:33	0.4	6:07	8:17	
20	Sun	9:06	3.8	9:23	4.3	3:15	0.4	3:14	0.4	6:08	8:16	
21	Mon	9:48	3.9	10:04	4.2	3:48	0.3	3:56	0.4	6:08	8:16	
22	Tue	10:35	4.0	10:50	4.0	4:23	0.3	4:42	0.5	6:09	8:15	
23	Wed	11:26	4.2	11:39	3.8	5:01	0.3	5:32	0.6	6:10	8:15	
24	Thu			12:16	4.4	5:43	0.3	6:27	0.7	6:10	8:14	
25	Fri	12:27	3.6	1:08	4.5	6:31	0.3	7:31	0.8	6:11	8:13	
26	Sat	1:19	3.5	2:06	4.5	7:27	0.3	8:44	0.8	6:12	8:12	
27	Sun	2:18	3.3	3:12	4.6	8:34	0.3	9:53	0.7	6:13	8:12	
28	Mon	3:28	3.3	4:19	4.7	9:41	0.2	10:52	0.6	6:13	8:11	
29	Tue	4:37	3.4	5:22	4.9	10:41	0.1	11:49	0.4	6:14	8:10	
30	Wed	5:41	3.7	6:21	5.0	11:40	0.0			6:15	8:09	
31	Thu	6:41	3.9	7:13	5.1	12:48	0.3	12:42	-0.1	6:16	8:08	