
































Cape Lookout Bight, NC - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:29	4.9	5:48	3.9	11:52	0.5	11:41	0.4	6:26	5:12	
2	Mon	6:10	5.1	6:28	4.0			12:38	0.4	6:27	5:11	
3	Tue	6:51	5.2	7:08	4.0	12:25	0.3	1:22	0.3	6:28	5:10	
4	Wed	7:33	5.3	7:51	3.9	1:10	0.2	2:06	0.3	6:29	5:09	
5	Thu	8:19	5.2	8:39	3.8	1:55	0.2	2:52	0.4	6:30	5:08	
6	Fri	9:12	5.0	9:38	3.8	2:44	0.2	3:43	0.5	6:31	5:08	
7	Sat	10:12	4.8	10:42	3.8	3:38	0.4	4:37	0.6	6:32	5:07	
8	Sun	11:12	4.6	11:44	3.9	4:40	0.5	5:34	0.6	6:33	5:06	
9	Mon			12:10	4.4	5:48	0.7	6:38	0.6	6:34	5:05	
10	Tue	12:47	4.0	1:12	4.1	7:06	0.8	7:44	0.5	6:35	5:04	
11	Wed	1:54	4.2	2:18	4.0	8:25	0.7	8:42	0.4	6:36	5:04	
12	Thu	2:59	4.5	3:20	3.9	9:26	0.5	9:31	0.3	6:37	5:03	
13	Fri	3:56	4.7	4:16	3.9	10:20	0.4	10:16	0.2	6:38	5:02	
14	Sat	4:47	4.9	5:07	3.9	11:12	0.3	11:02	0.2	6:39	5:02	
15	Sun	5:34	5.0	5:54	3.8			12:04	0.3	6:40	5:01	
16	Mon	6:18	5.0	6:36	3.8			12:52	0.3	6:41	5:00	
17	Tue	6:57	5.0	7:14	3.7	12:34	0.3	1:34	0.4	6:42	5:00	
18	Wed	7:35	4.8	7:52	3.6	1:17	0.4	2:13	0.5	6:43	4:59	
19	Thu	8:15	4.6	8:33	3.5	1:57	0.5	2:52	0.6	6:44	4:59	
20	Fri	8:58	4.4	9:21	3.4	2:37	0.6	3:32	0.7	6:44	4:58	
21	Sat	9:46	4.2	10:14	3.3	3:19	0.8	4:13	0.8	6:45	4:58	
22	Sun	10:35	4.0	11:06	3.3	4:05	0.9	4:56	0.9	6:46	4:57	
23	Mon	11:22	3.8	11:53	3.4	4:56	1.1	5:41	1.0	6:47	4:57	
24	Tue			12:08	3.6	5:52	1.2	6:30	1.0	6:48	4:57	
25	Wed	12:42	3.5	12:56	3.5	6:59	1.2	7:23	1.0	6:49	4:56	
26	Thu	1:36	3.7	1:50	3.4	8:08	1.1	8:14	0.8	6:50	4:56	
27	Fri	2:31	3.9	2:46	3.3	9:02	0.9	8:57	0.6	6:51	4:56	
28	Sat	3:22	4.2	3:38	3.4	9:48	0.7	9:38	0.4	6:52	4:56	
29	Sun	4:10	4.5	4:27	3.4	10:34	0.6	10:20	0.3	6:53	4:55	
30	Mon	4:58	4.8	5:16	3.5	11:24	0.4	11:07	0.1	6:54	4:55	