



Cape Lookout Bight, NC - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:04	5.1	7:24	4.0	12:39	-0.5	1:34	-0.4	7:13	5:06	☉
2	Sat	7:51	5.0	8:16	4.1	1:34	-0.6	2:20	-0.5	7:13	5:07	☉
3	Sun	8:41	4.8	9:12	4.2	2:27	-0.5	3:06	-0.5	7:13	5:08	☉
4	Mon	9:35	4.5	10:12	4.3	3:22	-0.4	3:55	-0.5	7:13	5:08	☾
5	Tue	10:31	4.1	11:10	4.3	4:20	-0.1	4:44	-0.4	7:13	5:09	☾
6	Wed	11:25	3.8			5:20	0.1	5:36	-0.2	7:13	5:10	☾
7	Thu	12:06	4.2	12:18	3.5	6:27	0.4	6:34	0.0	7:13	5:11	☾
8	Fri	1:04	4.1	1:16	3.2	7:44	0.5	7:38	0.1	7:13	5:12	☾
9	Sat	2:08	4.1	2:22	3.0	8:53	0.5	8:40	0.2	7:13	5:13	☾
10	Sun	3:12	4.0	3:27	2.9	9:49	0.5	9:32	0.2	7:13	5:13	☾
11	Mon	4:09	4.0	4:25	2.9	10:40	0.5	10:19	0.2	7:13	5:14	☾
12	Tue	5:00	4.1	5:16	3.0	11:31	0.4	11:07	0.2	7:13	5:15	☾
13	Wed	5:45	4.1	6:00	3.1			12:18	0.4	7:13	5:16	☾
14	Thu	6:23	4.2	6:38	3.2			12:58	0.3	7:12	5:17	☾
15	Fri	6:58	4.2	7:13	3.3	12:39	0.2	1:31	0.2	7:12	5:18	☾
16	Sat	7:31	4.1	7:48	3.4	1:19	0.2	2:02	0.2	7:12	5:19	☾
17	Sun	8:04	4.0	8:24	3.4	1:57	0.2	2:32	0.2	7:12	5:20	☾
18	Mon	8:40	3.8	9:05	3.5	2:34	0.2	3:03	0.2	7:11	5:21	☾
19	Tue	9:19	3.6	9:49	3.5	3:13	0.3	3:35	0.2	7:11	5:22	☾
20	Wed	10:02	3.4	10:35	3.6	3:54	0.4	4:10	0.2	7:10	5:23	☾
21	Thu	10:45	3.2	11:20	3.7	4:39	0.6	4:48	0.3	7:10	5:24	☾
22	Fri	11:29	3.1			5:29	0.7	5:30	0.3	7:10	5:25	☾
23	Sat	12:07	3.7	12:15	2.9	6:27	0.8	6:22	0.3	7:09	5:26	☾
24	Sun	1:00	3.8	1:11	2.8	7:38	0.8	7:26	0.3	7:09	5:27	☾
25	Mon	2:03	4.0	2:18	2.8	8:45	0.6	8:31	0.1	7:08	5:28	☾
26	Tue	3:08	4.2	3:25	3.0	9:41	0.4	9:29	-0.1	7:08	5:29	☾
27	Wed	4:09	4.4	4:27	3.3	10:34	0.2	10:26	-0.4	7:07	5:30	☉
28	Thu	5:05	4.6	5:26	3.6	11:29	-0.1	11:27	-0.5	7:06	5:31	☉
29	Fri	5:59	4.8	6:20	4.0			12:22	-0.4	7:06	5:32	☉
30	Sat	6:47	4.9	7:10	4.3	12:27	-0.7	1:11	-0.6	7:05	5:33	☉
31	Sun	7:34	4.8	7:59	4.5	1:23	-0.8	1:57	-0.8	7:04	5:34	☉