

































## Cape Lookout Bight, NC - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:47	3.8	5:26	5.0	10:52	-0.2	11:50	0.1	5:57	8:23	
2	Sat	5:46	3.9	6:22	5.1	11:46	-0.2			5:57	8:23	
3	Sun	6:43	4.0	7:13	5.2	12:48	0.0	12:43	-0.3	5:58	8:22	
4	Mon	7:34	4.1	8:01	5.1	1:44	-0.1	1:40	-0.2	5:58	8:22	
5	Tue	8:22	4.1	8:46	5.0	2:33	-0.1	2:31	-0.2	5:59	8:22	
6	Wed	9:09	4.0	9:32	4.7	3:19	-0.1	3:19	0.0	5:59	8:22	
7	Thu	9:59	4.0	10:20	4.4	4:02	0.0	4:07	0.2	6:00	8:22	
8	Fri	10:52	3.9	11:11	4.2	4:46	0.1	4:55	0.4	6:00	8:21	
9	Sat	11:44	3.8	11:58	3.9	5:29	0.3	5:45	0.7	6:01	8:21	
10	Sun			12:32	3.8	6:12	0.5	6:36	0.9	6:01	8:21	
11	Mon	12:43	3.6	1:18	3.8	6:57	0.6	7:35	1.0	6:02	8:21	
12	Tue	1:28	3.4	2:07	3.8	7:47	0.8	8:43	1.1	6:03	8:20	
13	Wed	2:18	3.3	3:02	3.8	8:43	0.8	9:43	1.1	6:03	8:20	
14	Thu	3:15	3.2	3:57	3.9	9:35	0.7	10:30	1.0	6:04	8:19	
15	Fri	4:11	3.2	4:48	4.1	10:19	0.6	11:14	0.8	6:04	8:19	
16	Sat	5:02	3.2	5:35	4.2	11:01	0.6	11:58	0.7	6:05	8:19	
17	Sun	5:51	3.4	6:20	4.4	11:44	0.5			6:06	8:18	
18	Mon	6:37	3.5	7:03	4.6	12:45	0.6	12:32	0.4	6:06	8:17	
19	Tue	7:20	3.7	7:43	4.7	1:30	0.4	1:20	0.2	6:07	8:17	
20	Wed	8:01	3.9	8:22	4.8	2:11	0.3	2:06	0.1	6:08	8:16	
21	Thu	8:42	4.0	9:03	4.7	2:50	0.1	2:51	0.1	6:08	8:16	
22	Fri	9:27	4.1	9:48	4.6	3:29	0.0	3:37	0.1	6:09	8:15	
23	Sat	10:18	4.2	10:39	4.4	4:10	0.0	4:26	0.2	6:10	8:14	
24	Sun	11:13	4.3	11:32	4.3	4:55	0.0	5:19	0.3	6:11	8:14	
25	Mon			12:09	4.4	5:43	0.0	6:17	0.4	6:11	8:13	
26	Tue	12:25	4.1	1:03	4.5	6:34	0.1	7:20	0.6	6:12	8:12	
27	Wed	1:19	3.9	2:02	4.5	7:33	0.2	8:34	0.6	6:13	8:12	
28	Thu	2:19	3.7	3:07	4.6	8:39	0.2	9:44	0.5	6:13	8:11	
29	Fri	3:26	3.7	4:12	4.7	9:43	0.1	10:43	0.4	6:14	8:10	
30	Sat	4:32	3.7	5:13	4.8	10:40	0.0	11:38	0.3	6:15	8:09	
31	Sun	5:34	3.8	6:09	4.9	11:35	0.0			6:16	8:08	