

































## Cape Lookout Bight, NC - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:27	3.7	3:48	2.9	10:01	0.6	9:50	0.5	6:35	6:01	
2	Sat	4:21	3.7	4:40	3.0	10:47	0.6	10:36	0.4	6:33	6:02	
3	Sun	5:08	3.8	5:24	3.2	11:31	0.5	11:22	0.3	6:32	6:03	
4	Mon	5:48	3.9	6:03	3.4			12:11	0.4	6:31	6:04	
5	Tue	6:23	4.0	6:38	3.6	12:07	0.2	12:46	0.3	6:30	6:05	
6	Wed	6:56	4.0	7:11	3.8	12:48	0.2	1:17	0.2	6:28	6:06	
7	Thu	7:28	4.0	7:44	3.9	1:25	0.1	1:47	0.1	6:27	6:06	
8	Fri	8:02	3.9	8:20	3.9	2:01	0.1	2:17	0.1	6:26	6:07	
9	Sat	8:37	3.7	8:59	4.0	2:38	0.1	2:49	0.1	6:24	6:08	
10	Sun	10:17	3.6	10:44	4.0	4:16	0.2	4:23	0.2	7:23	7:09	
11	Mon	11:02	3.4	11:32	4.0	4:59	0.3	5:02	0.2	7:22	7:10	
12	Tue	11:50	3.3			5:46	0.5	5:46	0.3	7:20	7:11	
13	Wed	12:22	4.0	12:39	3.2	6:39	0.6	6:37	0.3	7:19	7:11	
14	Thu	1:15	4.1	1:34	3.1	7:44	0.7	7:42	0.4	7:17	7:12	
15	Fri	2:16	4.1	2:40	3.1	8:58	0.6	8:57	0.3	7:16	7:13	
16	Sat	3:26	4.2	3:52	3.3	10:02	0.4	10:04	0.1	7:15	7:14	
17	Sun	4:32	4.3	4:57	3.7	10:57	0.2	11:04	-0.2	7:13	7:15	
18	Mon	5:32	4.5	5:57	4.1	11:50	-0.1			7:12	7:15	
19	Tue	6:28	4.7	6:52	4.4	12:04	-0.4	12:43	-0.3	7:11	7:16	
20	Wed	7:19	4.7	7:42	4.8	1:04	-0.5	1:35	-0.5	7:09	7:17	
21	Thu	8:06	4.7	8:29	4.9	2:01	-0.6	2:22	-0.6	7:08	7:18	
22	Fri	8:51	4.5	9:16	4.9	2:52	-0.6	3:06	-0.6	7:06	7:19	
23	Sat	9:38	4.3	10:06	4.8	3:41	-0.5	3:50	-0.5	7:05	7:19	
24	Sun	10:29	4.0	11:00	4.6	4:30	-0.3	4:36	-0.2	7:04	7:20	
25	Mon	11:23	3.6	11:54	4.3	5:21	0.0	5:23	0.1	7:02	7:21	
26	Tue			12:15	3.4	6:14	0.4	6:13	0.4	7:01	7:22	
27	Wed	12:46	4.1	1:07	3.2	7:14	0.7	7:10	0.6	6:59	7:23	
28	Thu	1:39	3.8	2:03	3.0	8:28	0.9	8:21	0.8	6:58	7:23	
29	Fri	2:41	3.6	3:09	2.9	9:38	0.9	9:32	0.8	6:57	7:24	
30	Sat	3:47	3.6	4:14	3.0	10:28	0.8	10:25	0.7	6:55	7:25	
31	Sun	4:44	3.6	5:07	3.2	11:09	0.7	11:11	0.6	6:54	7:26	