

































Cape Lookout Bight, NC - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:42	4.1	2:57	3.1	9:20	0.5	9:07	0.2	7:13	5:06	
2	Mon	3:39	4.1	3:54	3.0	10:11	0.5	9:51	0.3	7:13	5:07	
3	Tue	4:30	4.2	4:46	3.0	11:00	0.5	10:35	0.3	7:13	5:07	
4	Wed	5:16	4.2	5:32	3.0	11:50	0.4	11:20	0.3	7:13	5:08	
5	Thu	5:58	4.2	6:13	3.0			12:36	0.4	7:13	5:09	
6	Fri	6:36	4.3	6:49	3.1	12:06	0.3	1:14	0.4	7:13	5:10	
7	Sat	7:11	4.2	7:25	3.1	12:49	0.3	1:49	0.3	7:13	5:11	
8	Sun	7:45	4.2	8:01	3.2	1:28	0.3	2:21	0.3	7:13	5:12	
9	Mon	8:21	4.0	8:41	3.2	2:06	0.3	2:54	0.3	7:13	5:12	
10	Tue	9:00	3.9	9:26	3.2	2:45	0.4	3:27	0.3	7:13	5:13	
11	Wed	9:43	3.7	10:13	3.3	3:26	0.4	4:02	0.4	7:13	5:14	
12	Thu	10:27	3.5	11:00	3.4	4:11	0.6	4:38	0.4	7:13	5:15	
13	Fri	11:11	3.3	11:44	3.6	4:59	0.7	5:17	0.4	7:13	5:16	
14	Sat	11:55	3.1			5:53	0.7	6:01	0.4	7:12	5:17	
15	Sun	12:33	3.7	12:43	3.0	6:58	0.8	6:55	0.3	7:12	5:18	
16	Mon	1:28	3.9	1:42	2.9	8:09	0.7	7:56	0.2	7:12	5:19	
17	Tue	2:31	4.1	2:47	2.9	9:10	0.5	8:54	0.0	7:12	5:20	
18	Wed	3:33	4.4	3:50	3.0	10:04	0.3	9:49	-0.2	7:11	5:21	
19	Thu	4:32	4.6	4:50	3.2	11:00	0.1	10:45	-0.4	7:11	5:22	
20	Fri	5:29	4.9	5:48	3.5	11:58	-0.1	11:47	-0.5	7:11	5:23	
21	Sat	6:22	5.0	6:41	3.8			12:52	-0.3	7:10	5:24	
22	Sun	7:11	5.0	7:32	4.0	12:47	-0.7	1:41	-0.5	7:10	5:25	
23	Mon	7:59	4.9	8:24	4.1	1:43	-0.7	2:27	-0.6	7:09	5:26	
24	Tue	8:49	4.6	9:20	4.2	2:37	-0.6	3:14	-0.6	7:09	5:27	
25	Wed	9:43	4.3	10:19	4.2	3:32	-0.4	4:01	-0.5	7:08	5:28	
26	Thu	10:38	3.9	11:14	4.1	4:28	-0.1	4:48	-0.3	7:08	5:29	
27	Fri	11:29	3.6			5:27	0.2	5:38	-0.1	7:07	5:30	
28	Sat	12:07	4.0	12:20	3.2	6:31	0.4	6:32	0.2	7:06	5:31	
29	Sun	1:02	3.9	1:15	2.9	7:48	0.6	7:35	0.3	7:06	5:32	
30	Mon	2:05	3.8	2:20	2.7	8:56	0.6	8:37	0.4	7:05	5:33	
31	Tue	3:09	3.7	3:25	2.7	9:50	0.6	9:27	0.4	7:04	5:34	