

































Cape Lookout Bight, NC - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:14	4.0	7:45	5.2	1:23	0.2	1:18	-0.2	6:16	8:08	
2	Wed	8:06	4.3	8:33	5.2	2:14	0.0	2:16	-0.3	6:17	8:07	
3	Thu	8:56	4.5	9:22	5.0	3:00	-0.2	3:10	-0.3	6:17	8:06	
4	Fri	9:50	4.6	10:14	4.7	3:45	-0.3	4:05	-0.2	6:18	8:05	
5	Sat	10:48	4.7	11:09	4.4	4:32	-0.2	5:01	0.1	6:19	8:05	
6	Sun	11:46	4.7			5:20	-0.1	5:59	0.3	6:20	8:04	
7	Mon	12:03	4.0	12:41	4.6	6:09	0.1	7:01	0.6	6:20	8:03	
8	Tue	12:55	3.7	1:35	4.5	7:03	0.4	8:13	0.9	6:21	8:02	
9	Wed	1:50	3.4	2:36	4.3	8:05	0.6	9:28	0.9	6:22	8:01	
10	Thu	2:53	3.2	3:42	4.2	9:12	0.7	10:28	0.9	6:23	7:59	
11	Fri	4:01	3.1	4:44	4.2	10:09	0.7	11:18	0.9	6:23	7:58	
12	Sat	5:02	3.2	5:38	4.3	10:58	0.7			6:24	7:57	
13	Sun	5:54	3.3	6:24	4.3	12:07	0.9	11:44 AM	0.7	6:25	7:56	
14	Mon	6:39	3.4	7:04	4.4	12:54	0.8	12:32	0.7	6:26	7:55	
15	Tue	7:18	3.6	7:39	4.4	1:35	0.8	1:18	0.6	6:26	7:54	
16	Wed	7:52	3.7	8:11	4.4	2:08	0.7	1:59	0.6	6:27	7:53	
17	Thu	8:26	3.9	8:43	4.3	2:38	0.6	2:37	0.6	6:28	7:52	
18	Fri	9:00	4.0	9:16	4.2	3:07	0.6	3:14	0.6	6:29	7:51	
19	Sat	9:37	4.0	9:53	4.0	3:36	0.6	3:51	0.6	6:29	7:49	
20	Sun	10:17	4.1	10:33	3.8	4:07	0.6	4:30	0.7	6:30	7:48	
21	Mon	11:02	4.1	11:17	3.6	4:40	0.7	5:13	0.9	6:31	7:47	
22	Tue	11:49	4.2			5:16	0.7	6:01	1.0	6:31	7:46	
23	Wed	12:02	3.5	12:37	4.3	5:57	0.8	6:55	1.1	6:32	7:44	
24	Thu	12:48	3.3	1:29	4.3	6:46	0.8	8:03	1.2	6:33	7:43	
25	Fri	1:41	3.2	2:30	4.4	7:50	0.8	9:17	1.1	6:34	7:42	
26	Sat	2:47	3.2	3:39	4.5	9:02	0.7	10:17	0.9	6:34	7:41	
27	Sun	3:58	3.4	4:44	4.7	10:07	0.4	11:11	0.7	6:35	7:39	
28	Mon	5:04	3.7	5:43	4.9	11:06	0.2			6:36	7:38	
29	Tue	6:04	4.1	6:38	5.1	12:04	0.4	12:06	0.0	6:37	7:37	
30	Wed	6:59	4.5	7:28	5.2	12:57	0.2	1:08	-0.1	6:37	7:35	
31	Thu	7:49	4.9	8:14	5.1	1:47	0.0	2:05	-0.2	6:38	7:34	