



Cape Lookout Bight, NC - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:45	4.6	8:04	3.5	1:24	0.0	2:18	0.1	7:13	5:06	☀
2	Thu	8:27	4.5	8:52	3.6	2:09	0.0	2:57	0.0	7:13	5:07	☀
3	Fri	9:15	4.3	9:47	3.7	2:57	0.0	3:38	-0.1	7:13	5:08	☀
4	Sat	10:07	4.1	10:43	3.9	3:50	0.1	4:22	-0.1	7:13	5:09	☀
5	Sun	10:59	3.8	11:37	4.1	4:46	0.2	5:09	-0.1	7:13	5:09	☀
6	Mon	11:50	3.6			5:48	0.4	6:00	0.0	7:13	5:10	☀
7	Tue	12:32	4.2	12:45	3.3	6:58	0.5	7:00	0.0	7:13	5:11	☀
8	Wed	1:33	4.3	1:48	3.1	8:14	0.4	8:05	0.0	7:13	5:12	☀
9	Thu	2:39	4.4	2:56	3.1	9:19	0.3	9:05	-0.1	7:13	5:13	☀
10	Fri	3:43	4.5	4:01	3.1	10:16	0.3	10:00	-0.2	7:13	5:14	☀
11	Sat	4:42	4.6	5:01	3.2	11:14	0.2	10:55	-0.2	7:13	5:15	☀
12	Sun	5:38	4.6	5:57	3.3			12:12	0.1	7:13	5:16	☀
13	Mon	6:27	4.6	6:45	3.4			1:02	0.0	7:12	5:17	☀
14	Tue	7:10	4.6	7:29	3.5	12:49	-0.2	1:46	-0.1	7:12	5:17	☀
15	Wed	7:51	4.4	8:11	3.5	1:37	-0.1	2:24	-0.1	7:12	5:18	☀
16	Thu	8:32	4.2	8:56	3.5	2:21	0.0	3:01	0.0	7:12	5:19	☀
17	Fri	9:15	3.9	9:44	3.5	3:04	0.1	3:37	0.1	7:11	5:20	☀
18	Sat	10:00	3.6	10:32	3.5	3:49	0.3	4:13	0.2	7:11	5:21	☀
19	Sun	10:44	3.3	11:16	3.5	4:34	0.5	4:50	0.3	7:11	5:22	☀
20	Mon	11:25	3.1	11:59	3.5	5:22	0.7	5:29	0.5	7:10	5:23	☀
21	Tue			12:07	2.9	6:17	0.9	6:13	0.6	7:10	5:24	☀
22	Wed	12:46	3.5	12:54	2.7	7:24	1.0	7:07	0.6	7:09	5:25	☀
23	Thu	1:40	3.5	1:51	2.6	8:32	0.9	8:07	0.6	7:09	5:26	☀
24	Fri	2:41	3.6	2:54	2.5	9:25	0.8	9:00	0.5	7:08	5:27	☀
25	Sat	3:38	3.8	3:52	2.6	10:12	0.7	9:47	0.3	7:08	5:28	☀
26	Sun	4:30	4.0	4:45	2.8	10:59	0.5	10:35	0.2	7:07	5:29	☀
27	Mon	5:19	4.2	5:34	3.1	11:48	0.4	11:27	0.0	7:07	5:30	☀
28	Tue	6:04	4.4	6:20	3.4			12:33	0.1	7:06	5:31	☀
29	Wed	6:46	4.5	7:03	3.6	12:20	-0.2	1:13	-0.1	7:05	5:32	☀
30	Thu	7:26	4.5	7:46	3.9	1:10	-0.3	1:52	-0.3	7:05	5:33	☀
31	Fri	8:08	4.4	8:33	4.1	1:58	-0.4	2:30	-0.4	7:04	5:34	☀