



## Cape Lookout Bight, NC - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:47	4.4	8:11	4.7	1:45	-0.6	2:01	-0.6	6:34	6:02	☀
2	Sun	8:31	4.2	9:01	4.8	2:33	-0.5	2:43	-0.6	6:33	6:03	☀
3	Mon	9:21	3.9	9:57	4.7	3:24	-0.4	3:29	-0.5	6:31	6:04	☀
4	Tue	10:16	3.6	10:55	4.6	4:17	-0.1	4:18	-0.3	6:30	6:04	☀
5	Wed	11:12	3.4	11:52	4.4	5:15	0.2	5:12	-0.1	6:29	6:05	☀
6	Thu			12:09	3.1	6:21	0.5	6:15	0.2	6:28	6:06	☀
7	Fri	12:54	4.1	1:14	3.0	7:44	0.6	7:34	0.4	6:26	6:07	☀
8	Sat	2:07	3.9	2:33	2.9	8:59	0.6	8:50	0.4	6:25	6:08	☀
9	Sun	4:20	3.9	4:46	3.1	10:55	0.5	10:51	0.3	7:24	7:09	☀
10	Mon	5:22	3.9	5:46	3.3	11:46	0.4	11:45	0.2	7:22	7:09	☀
11	Tue	6:14	4.0	6:34	3.5			12:33	0.3	7:21	7:10	☀
12	Wed	6:57	4.0	7:14	3.8	12:38	0.2	1:14	0.2	7:19	7:11	☀
13	Thu	7:33	4.0	7:48	3.9	1:26	0.1	1:50	0.2	7:18	7:12	☀
14	Fri	8:05	3.9	8:20	4.1	2:06	0.1	2:21	0.1	7:17	7:13	☀
15	Sat	8:36	3.8	8:53	4.1	2:43	0.1	2:49	0.2	7:15	7:13	☀
16	Sun	9:08	3.6	9:27	4.1	3:17	0.1	3:19	0.2	7:14	7:14	☀
17	Mon	9:43	3.4	10:05	4.0	3:52	0.3	3:49	0.3	7:13	7:15	☀
18	Tue	10:22	3.2	10:49	3.9	4:29	0.4	4:22	0.4	7:11	7:16	☀
19	Wed	11:05	3.0	11:36	3.8	5:09	0.6	4:59	0.5	7:10	7:17	☀
20	Thu	11:51	2.9			5:53	0.8	5:40	0.7	7:08	7:17	☀
21	Fri	12:24	3.8	12:38	2.8	6:44	1.0	6:30	0.8	7:07	7:18	☀
22	Sat	1:15	3.7	1:30	2.7	7:49	1.1	7:34	0.8	7:06	7:19	☀
23	Sun	2:13	3.7	2:34	2.8	9:04	1.0	8:51	0.7	7:04	7:20	☀
24	Mon	3:20	3.7	3:44	3.0	10:00	0.8	9:57	0.5	7:03	7:21	☀
25	Tue	4:22	3.9	4:45	3.4	10:46	0.5	10:52	0.2	7:02	7:21	☀
26	Wed	5:17	4.1	5:40	3.9	11:29	0.3	11:47	0.0	7:00	7:22	☀
27	Thu	6:07	4.2	6:30	4.4			12:15	0.0	6:59	7:23	☀
28	Fri	6:55	4.3	7:18	4.8	12:44	-0.3	1:02	-0.3	6:57	7:24	☀
29	Sat	7:40	4.4	8:04	5.1	1:39	-0.4	1:48	-0.5	6:56	7:25	☀
30	Sun	8:25	4.3	8:50	5.3	2:30	-0.5	2:33	-0.6	6:55	7:25	☀
31	Mon	9:10	4.1	9:40	5.2	3:19	-0.5	3:18	-0.6	6:53	7:26	☀