




















## Cape Lookout Bight, NC - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:41	3.6	11:17	4.7	4:48	0.1	4:42	0.0	6:15	7:51	
2	Fri	11:45	3.5			5:45	0.3	5:41	0.3	6:14	7:51	
3	Sat	12:17	4.4	12:46	3.4	6:45	0.6	6:46	0.6	6:13	7:52	
4	Sun	1:14	4.1	1:48	3.4	7:53	0.7	8:04	0.8	6:12	7:53	
5	Mon	2:15	3.8	2:56	3.4	9:02	0.7	9:23	0.8	6:11	7:54	
6	Tue	3:20	3.6	4:00	3.6	9:55	0.7	10:21	0.8	6:10	7:55	
7	Wed	4:18	3.5	4:51	3.8	10:35	0.6	11:08	0.7	6:09	7:55	
8	Thu	5:08	3.5	5:34	4.0	11:10	0.6	11:52	0.6	6:08	7:56	
9	Fri	5:51	3.4	6:12	4.2	11:44	0.6			6:07	7:57	
10	Sat	6:30	3.4	6:49	4.3	12:36	0.6	12:20	0.5	6:06	7:58	
11	Sun	7:06	3.4	7:23	4.4	1:18	0.5	12:58	0.5	6:06	7:59	
12	Mon	7:40	3.4	7:57	4.5	1:57	0.5	1:36	0.5	6:05	7:59	
13	Tue	8:13	3.4	8:31	4.5	2:33	0.5	2:12	0.5	6:04	8:00	
14	Wed	8:48	3.3	9:08	4.4	3:08	0.5	2:48	0.5	6:03	8:01	
15	Thu	9:25	3.2	9:49	4.3	3:45	0.6	3:25	0.6	6:02	8:02	
16	Fri	10:10	3.1	10:38	4.2	4:24	0.6	4:06	0.6	6:02	8:02	
17	Sat	11:03	3.1	11:29	4.1	5:07	0.7	4:52	0.7	6:01	8:03	
18	Sun	11:57	3.2			5:52	0.8	5:46	0.8	6:00	8:04	
19	Mon	12:20	4.0	12:50	3.4	6:41	0.7	6:47	0.8	6:00	8:05	
20	Tue	1:10	3.9	1:45	3.6	7:35	0.7	7:59	0.8	5:59	8:05	
21	Wed	2:05	3.8	2:46	4.0	8:33	0.5	9:13	0.6	5:58	8:06	
22	Thu	3:07	3.7	3:47	4.3	9:28	0.3	10:14	0.4	5:58	8:07	
23	Fri	4:08	3.7	4:45	4.8	10:17	0.0	11:09	0.2	5:57	8:08	
24	Sat	5:05	3.7	5:40	5.1	11:05	-0.2			5:57	8:08	
25	Sun	6:01	3.8	6:34	5.3	12:05	0.0	11:56 AM	-0.3	5:56	8:09	
26	Mon	6:54	3.9	7:25	5.5	1:03	-0.1	12:51	-0.4	5:56	8:10	
27	Tue	7:45	3.9	8:15	5.4	1:59	-0.2	1:47	-0.4	5:55	8:10	
28	Wed	8:34	3.9	9:04	5.2	2:51	-0.1	2:40	-0.3	5:55	8:11	
29	Thu	9:26	3.8	9:58	4.9	3:41	0.0	3:33	-0.1	5:55	8:12	
30	Fri	10:25	3.7	10:56	4.6	4:33	0.1	4:27	0.1	5:54	8:12	
31	Sat	11:28	3.6	11:53	4.3	5:25	0.3	5:25	0.4	5:54	8:13	