

































Cape Lookout Bight, NC - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:16	4.6	3:35	3.6	9:43	0.4	9:37	0.0	6:55	4:55	
2	Tue	4:11	5.0	4:31	3.7	10:37	0.1	10:26	-0.2	6:56	4:55	
3	Wed	5:05	5.3	5:25	3.8	11:33	0.0	11:20	-0.3	6:56	4:55	
4	Thu	5:58	5.5	6:18	3.9			12:30	-0.1	6:57	4:55	
5	Fri	6:49	5.5	7:08	3.9	12:17	-0.4	1:24	-0.2	6:58	4:55	
6	Sat	7:38	5.4	7:58	3.9	1:12	-0.4	2:14	-0.1	6:59	4:55	
7	Sun	8:30	5.1	8:54	3.8	2:06	-0.3	3:05	0.0	7:00	4:55	
8	Mon	9:26	4.8	9:58	3.7	3:00	-0.1	3:57	0.1	7:00	4:55	
9	Tue	10:25	4.4	11:00	3.7	3:58	0.2	4:49	0.2	7:01	4:55	
10	Wed	11:20	4.1	11:57	3.7	4:59	0.5	5:42	0.4	7:02	4:55	
11	Thu			12:12	3.7	6:04	0.7	6:38	0.5	7:03	4:55	
12	Fri	12:52	3.7	1:05	3.4	7:20	0.9	7:37	0.6	7:03	4:56	
13	Sat	1:51	3.8	2:04	3.2	8:31	0.9	8:29	0.6	7:04	4:56	
14	Sun	2:48	3.8	3:02	3.1	9:24	0.8	9:11	0.6	7:05	4:56	
15	Mon	3:39	4.0	3:53	3.0	10:09	0.7	9:49	0.6	7:05	4:57	
16	Tue	4:23	4.1	4:39	3.0	10:53	0.7	10:26	0.5	7:06	4:57	
17	Wed	5:06	4.2	5:22	3.1	11:38	0.6	11:07	0.5	7:07	4:57	
18	Thu	5:46	4.3	6:02	3.1			12:22	0.6	7:07	4:58	
19	Fri	6:24	4.4	6:39	3.1			1:02	0.5	7:08	4:58	
20	Sat	7:00	4.4	7:15	3.2	12:34	0.4	1:38	0.4	7:08	4:59	
21	Sun	7:36	4.4	7:52	3.2	1:15	0.4	2:13	0.4	7:09	4:59	
22	Mon	8:13	4.3	8:33	3.2	1:54	0.4	2:48	0.4	7:09	5:00	
23	Tue	8:54	4.2	9:20	3.3	2:34	0.4	3:24	0.4	7:10	5:00	
24	Wed	9:40	4.0	10:12	3.4	3:19	0.4	4:03	0.3	7:10	5:01	
25	Thu	10:29	3.8	11:03	3.6	4:08	0.5	4:43	0.3	7:11	5:01	
26	Fri	11:16	3.7	11:53	3.8	5:02	0.6	5:27	0.3	7:11	5:02	
27	Sat			12:05	3.5	6:03	0.6	6:17	0.2	7:11	5:03	
28	Sun	12:46	4.1	12:59	3.3	7:13	0.6	7:15	0.1	7:12	5:03	
29	Mon	1:46	4.3	2:01	3.2	8:24	0.5	8:16	0.0	7:12	5:04	
30	Tue	2:50	4.5	3:06	3.2	9:24	0.3	9:12	-0.2	7:12	5:05	
31	Wed	3:51	4.7	4:08	3.3	10:20	0.2	10:06	-0.3	7:12	5:05	