

































Cape Lookout Bight, NC - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:39	3.6	7:56	4.6	1:54	0.3	1:38	0.3	6:15	7:50	
2	Sat	8:13	3.5	8:30	4.5	2:31	0.3	2:14	0.4	6:14	7:51	
3	Sun	8:46	3.4	9:06	4.4	3:06	0.4	2:49	0.4	6:13	7:52	
4	Mon	9:22	3.3	9:45	4.3	3:41	0.5	3:24	0.5	6:12	7:53	
5	Tue	10:04	3.1	10:31	4.1	4:19	0.7	4:02	0.6	6:11	7:54	
6	Wed	10:54	3.1	11:21	4.0	5:00	0.8	4:45	0.8	6:10	7:54	
7	Thu	11:46	3.0			5:44	0.9	5:32	0.9	6:09	7:55	
8	Fri	12:10	3.8	12:36	3.1	6:31	1.0	6:27	1.0	6:08	7:56	
9	Sat	12:57	3.7	1:26	3.2	7:23	1.0	7:31	1.0	6:07	7:57	
10	Sun	1:47	3.6	2:22	3.4	8:19	0.9	8:44	0.9	6:07	7:58	
11	Mon	2:43	3.6	3:21	3.8	9:12	0.7	9:46	0.7	6:06	7:58	
12	Tue	3:42	3.6	4:17	4.2	9:58	0.5	10:39	0.5	6:05	7:59	
13	Wed	4:37	3.6	5:09	4.6	10:41	0.2	11:30	0.2	6:04	8:00	
14	Thu	5:29	3.7	5:59	5.0	11:25	0.0			6:03	8:01	
15	Fri	6:20	3.8	6:50	5.3	12:24	0.1	12:14	-0.2	6:03	8:01	
16	Sat	7:10	3.9	7:39	5.4	1:19	-0.1	1:07	-0.3	6:02	8:02	
17	Sun	7:58	3.9	8:28	5.4	2:12	-0.2	2:01	-0.4	6:01	8:03	
18	Mon	8:47	3.9	9:19	5.3	3:03	-0.2	2:53	-0.3	6:00	8:04	
19	Tue	9:41	3.8	10:16	5.0	3:54	-0.1	3:47	-0.2	6:00	8:04	
20	Wed	10:44	3.7	11:17	4.7	4:47	0.0	4:45	0.0	5:59	8:05	
21	Thu	11:50	3.7			5:43	0.2	5:48	0.3	5:59	8:06	
22	Fri	12:17	4.4	12:51	3.8	6:41	0.3	6:56	0.5	5:58	8:07	
23	Sat	1:13	4.1	1:52	3.8	7:42	0.4	8:14	0.7	5:57	8:07	
24	Sun	2:11	3.8	2:56	3.9	8:46	0.4	9:29	0.7	5:57	8:08	
25	Mon	3:14	3.6	3:57	4.0	9:41	0.4	10:26	0.6	5:56	8:09	
26	Tue	4:13	3.4	4:50	4.2	10:24	0.4	11:15	0.6	5:56	8:09	
27	Wed	5:06	3.4	5:36	4.3	11:04	0.4			5:56	8:10	
28	Thu	5:52	3.3	6:18	4.4	12:01	0.6	11:42 AM	0.5	5:55	8:11	
29	Fri	6:35	3.3	6:56	4.5	12:48	0.6	12:22	0.5	5:55	8:11	
30	Sat	7:13	3.3	7:33	4.5	1:32	0.5	1:04	0.5	5:54	8:12	
31	Sun	7:48	3.3	8:08	4.5	2:11	0.5	1:45	0.5	5:54	8:13	