

































Cape Lookout Bight, NC - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:13	5.0	11:34	3.7	4:35	0.3	5:37	0.8	7:00	6:50	
2	Fri			12:13	4.8	5:31	0.5	6:38	1.0	7:01	6:49	
3	Sat	12:35	3.6	1:14	4.6	6:34	0.7	7:51	1.1	7:02	6:47	
4	Sun	1:39	3.6	2:21	4.5	7:52	0.9	9:09	1.0	7:03	6:46	
5	Mon	2:53	3.7	3:33	4.4	9:16	0.8	10:09	0.8	7:03	6:44	
6	Tue	4:06	4.0	4:37	4.4	10:23	0.6	10:57	0.6	7:04	6:43	
7	Wed	5:07	4.3	5:33	4.4	11:19	0.5	11:42	0.5	7:05	6:42	
8	Thu	5:59	4.6	6:22	4.4			12:13	0.4	7:06	6:40	
9	Fri	6:46	4.9	7:06	4.4	12:27	0.4	1:05	0.3	7:07	6:39	
10	Sat	7:26	5.0	7:45	4.3	1:10	0.3	1:52	0.3	7:07	6:38	
11	Sun	8:04	5.1	8:21	4.2	1:50	0.4	2:34	0.4	7:08	6:36	
12	Mon	8:40	5.0	8:57	4.0	2:27	0.4	3:12	0.5	7:09	6:35	
13	Tue	9:18	4.8	9:35	3.7	3:03	0.6	3:51	0.7	7:10	6:34	
14	Wed	9:59	4.6	10:19	3.5	3:39	0.7	4:31	0.9	7:11	6:33	
15	Thu	10:48	4.4	11:09	3.4	4:18	0.9	5:15	1.1	7:11	6:31	
16	Fri	11:40	4.2			5:01	1.1	6:03	1.3	7:12	6:30	
17	Sat	12:02	3.2	12:31	4.0	5:50	1.3	6:57	1.5	7:13	6:29	
18	Sun	12:53	3.2	1:21	3.9	6:47	1.4	8:03	1.5	7:14	6:28	
19	Mon	1:47	3.2	2:17	3.8	7:58	1.4	9:07	1.4	7:15	6:26	
20	Tue	2:49	3.4	3:17	3.8	9:12	1.3	9:52	1.2	7:16	6:25	
21	Wed	3:49	3.7	4:12	3.9	10:07	1.1	10:29	1.0	7:16	6:24	
22	Thu	4:39	4.0	5:00	4.0	10:53	0.9	11:05	0.7	7:17	6:23	
23	Fri	5:25	4.4	5:45	4.1	11:39	0.6	11:43	0.5	7:18	6:22	
24	Sat	6:09	4.8	6:29	4.1			12:27	0.4	7:19	6:21	
25	Sun	6:52	5.2	7:12	4.2	12:24	0.3	1:16	0.3	7:20	6:19	
26	Mon	7:35	5.4	7:54	4.2	1:09	0.2	2:04	0.2	7:21	6:18	
27	Tue	8:19	5.5	8:36	4.1	1:55	0.1	2:50	0.2	7:22	6:17	
28	Wed	9:05	5.5	9:24	4.0	2:41	0.0	3:38	0.2	7:23	6:16	
29	Thu	9:57	5.3	10:20	3.9	3:29	0.1	4:29	0.4	7:24	6:15	
30	Fri	10:58	5.0	11:25	3.8	4:22	0.2	5:25	0.6	7:24	6:14	
31	Sat			12:00	4.8	5:22	0.5	6:26	0.7	7:25	6:13	