


































Cape Lookout Bight, NC - Dec 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 12:19 | 4.0 | 12:38 | 3.9 | 6:34 | 0.7 | 7:08 | 0.4 | 6:54 | 4:55 |  |
| 2 | Wed | 1:22 | 4.0 | 1:40 | 3.7 | 7:55 | 0.7 | 8:09 | 0.4 | 6:55 | 4:55 |  |
| 3 | Thu | 2:27 | 4.2 | 2:44 | 3.5 | 9:02 | 0.6 | 9:00 | 0.4 | 6:56 | 4:55 |  |
| 4 | Fri | 3:25 | 4.3 | 3:41 | 3.4 | 9:54 | 0.6 | 9:43 | 0.4 | 6:57 | 4:55 |  |
| 5 | Sat | 4:15 | 4.4 | 4:32 | 3.3 | 10:43 | 0.5 | 10:24 | 0.4 | 6:58 | 4:55 |  |
| 6 | Sun | 5:01 | 4.5 | 5:18 | 3.3 | 11:31 | 0.5 | 11:06 | 0.4 | 6:59 | 4:55 |  |
| 7 | Mon | 5:42 | 4.5 | 5:59 | 3.3 | | | 12:18 | 0.5 | 6:59 | 4:55 |  |
| 8 | Tue | 6:21 | 4.5 | 6:36 | 3.3 | | | 12:59 | 0.5 | 7:00 | 4:55 |  |
| 9 | Wed | 6:56 | 4.5 | 7:12 | 3.3 | 12:32 | 0.4 | 1:36 | 0.5 | 7:01 | 4:55 |  |
| 10 | Thu | 7:32 | 4.4 | 7:47 | 3.3 | 1:12 | 0.5 | 2:11 | 0.5 | 7:02 | 4:55 |  |
| 11 | Fri | 8:08 | 4.3 | 8:26 | 3.2 | 1:50 | 0.5 | 2:45 | 0.5 | 7:03 | 4:55 |  |
| 12 | Sat | 8:47 | 4.2 | 9:11 | 3.2 | 2:28 | 0.6 | 3:21 | 0.6 | 7:03 | 4:56 |  |
| 13 | Sun | 9:32 | 4.0 | 10:01 | 3.2 | 3:09 | 0.7 | 3:59 | 0.6 | 7:04 | 4:56 |  |
| 14 | Mon | 10:18 | 3.8 | 10:51 | 3.3 | 3:54 | 0.8 | 4:37 | 0.6 | 7:05 | 4:56 |  |
| 15 | Tue | 11:04 | 3.6 | 11:37 | 3.5 | 4:43 | 0.9 | 5:17 | 0.6 | 7:05 | 4:56 |  |
| 16 | Wed | 11:48 | 3.5 | | | 5:37 | 0.9 | 6:01 | 0.6 | 7:06 | 4:57 |  |
| 17 | Thu | 12:24 | 3.7 | 12:35 | 3.3 | 6:39 | 0.9 | 6:51 | 0.6 | 7:07 | 4:57 |  |
| 18 | Fri | 1:17 | 3.9 | 1:29 | 3.2 | 7:49 | 0.8 | 7:47 | 0.4 | 7:07 | 4:58 |  |
| 19 | Sat | 2:15 | 4.1 | 2:29 | 3.2 | 8:50 | 0.6 | 8:40 | 0.2 | 7:08 | 4:58 |  |
| 20 | Sun | 3:13 | 4.4 | 3:29 | 3.2 | 9:44 | 0.4 | 9:30 | 0.0 | 7:08 | 4:58 |  |
| 21 | Mon | 4:09 | 4.7 | 4:26 | 3.3 | 10:36 | 0.2 | 10:21 | -0.2 | 7:09 | 4:59 |  |
| 22 | Tue | 5:04 | 5.0 | 5:22 | 3.5 | 11:33 | 0.1 | 11:17 | -0.4 | 7:09 | 4:59 |  |
| 23 | Wed | 5:58 | 5.2 | 6:16 | 3.7 | | | 12:30 | -0.1 | 7:10 | 5:00 |  |
| 24 | Thu | 6:49 | 5.3 | 7:08 | 3.8 | 12:17 | -0.5 | 1:22 | -0.2 | 7:10 | 5:01 |  |
| 25 | Fri | 7:38 | 5.2 | 8:00 | 3.9 | 1:14 | -0.5 | 2:11 | -0.3 | 7:11 | 5:01 |  |
| 26 | Sat | 8:29 | 4.9 | 8:56 | 4.0 | 2:10 | -0.5 | 3:00 | -0.3 | 7:11 | 5:02 |  |
| 27 | Sun | 9:24 | 4.6 | 9:59 | 4.0 | 3:05 | -0.3 | 3:50 | -0.3 | 7:11 | 5:02 |  |
| 28 | Mon | 10:22 | 4.3 | 10:59 | 4.0 | 4:04 | -0.1 | 4:40 | -0.2 | 7:12 | 5:03 |  |
| 29 | Tue | 11:17 | 3.9 | 11:55 | 4.0 | 5:05 | 0.2 | 5:31 | 0.0 | 7:12 | 5:04 |  |
| 30 | Wed | | | 12:08 | 3.6 | 6:10 | 0.5 | 6:25 | 0.2 | 7:12 | 5:04 |  |
| 31 | Thu | 12:51 | 4.0 | 1:03 | 3.2 | 7:26 | 0.6 | 7:26 | 0.3 | 7:12 | 5:05 |  |