

































Cape Lookout Bight, NC - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:46	4.2	5:10	3.7	11:05	0.1	11:15	-0.1	6:34	6:02	
2	Sat	5:37	4.2	5:58	4.0	11:54	0.0			6:33	6:02	
3	Sun	6:21	4.2	6:40	4.1	12:10	-0.2	12:38	-0.1	6:32	6:03	
4	Mon	6:59	4.1	7:17	4.2	12:57	-0.2	1:16	-0.2	6:30	6:04	
5	Tue	7:35	4.0	7:54	4.2	1:38	-0.2	1:51	-0.1	6:29	6:05	
6	Wed	8:10	3.8	8:31	4.1	2:16	-0.1	2:24	0.0	6:28	6:06	
7	Thu	8:47	3.6	9:12	4.0	2:54	0.1	2:58	0.1	6:26	6:07	
8	Fri	9:29	3.4	9:58	3.9	3:33	0.3	3:33	0.2	6:25	6:08	
9	Sat	10:14	3.2	10:45	3.8	4:14	0.5	4:12	0.4	6:24	6:08	
10	Sun	11:59	3.0			5:58	0.7	5:55	0.6	7:22	7:09	
11	Mon	12:31	3.7	12:45	2.9	6:48	0.9	6:44	0.7	7:21	7:10	
12	Tue	1:20	3.6	1:35	2.8	7:51	1.0	7:45	0.8	7:20	7:11	
13	Wed	2:16	3.5	2:35	2.8	9:02	1.0	8:56	0.7	7:18	7:12	
14	Thu	3:19	3.5	3:41	3.0	9:58	0.8	9:56	0.6	7:17	7:13	
15	Fri	4:18	3.7	4:39	3.3	10:42	0.6	10:47	0.4	7:16	7:13	
16	Sat	5:10	3.8	5:31	3.6	11:23	0.4	11:37	0.1	7:14	7:14	
17	Sun	5:58	4.0	6:19	4.1			12:06	0.1	7:13	7:15	
18	Mon	6:44	4.2	7:05	4.5	12:29	-0.1	12:51	-0.1	7:12	7:16	
19	Tue	7:27	4.3	7:49	4.8	1:21	-0.3	1:36	-0.3	7:10	7:17	
20	Wed	8:09	4.3	8:33	5.0	2:10	-0.4	2:19	-0.5	7:09	7:17	
21	Thu	8:53	4.2	9:20	5.0	2:58	-0.5	3:03	-0.6	7:07	7:18	
22	Fri	9:40	4.0	10:12	4.9	3:46	-0.4	3:49	-0.5	7:06	7:19	
23	Sat	10:34	3.8	11:10	4.8	4:37	-0.2	4:39	-0.4	7:05	7:20	
24	Sun	11:33	3.7			5:31	0.0	5:34	-0.1	7:03	7:20	
25	Mon	12:10	4.5	12:32	3.5	6:31	0.3	6:35	0.1	7:02	7:21	
26	Tue	1:09	4.3	1:34	3.4	7:40	0.5	7:48	0.3	7:00	7:22	
27	Wed	2:13	4.1	2:44	3.4	8:58	0.5	9:10	0.4	6:59	7:23	
28	Thu	3:24	3.9	3:57	3.5	10:02	0.4	10:17	0.3	6:58	7:24	
29	Fri	4:30	3.9	5:00	3.7	10:53	0.3	11:12	0.2	6:56	7:24	
30	Sat	5:27	3.9	5:53	4.0	11:38	0.2			6:55	7:25	
31	Sun	6:16	3.9	6:38	4.2	12:04	0.2	12:23	0.2	6:54	7:26	