


































Cape Lookout Bight, NC - Jan 2031

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:02 | 3.9 | 1:13 | 3.2 | 7:40 | 0.7 | 7:40 | 0.3 | 7:13 | 5:06 |  |
| 2 | Thu | 2:02 | 3.8 | 2:14 | 3.0 | 8:47 | 0.7 | 8:36 | 0.4 | 7:13 | 5:07 |  |
| 3 | Fri | 3:02 | 3.8 | 3:14 | 2.9 | 9:38 | 0.7 | 9:23 | 0.4 | 7:13 | 5:07 |  |
| 4 | Sat | 3:54 | 3.9 | 4:07 | 2.9 | 10:24 | 0.6 | 10:05 | 0.4 | 7:13 | 5:08 |  |
| 5 | Sun | 4:41 | 4.0 | 4:55 | 3.0 | 11:09 | 0.5 | 10:47 | 0.3 | 7:13 | 5:09 |  |
| 6 | Mon | 5:24 | 4.1 | 5:38 | 3.1 | 11:54 | 0.5 | 11:31 | 0.3 | 7:13 | 5:10 |  |
| 7 | Tue | 6:03 | 4.2 | 6:18 | 3.2 | | | 12:35 | 0.4 | 7:13 | 5:11 |  |
| 8 | Wed | 6:39 | 4.2 | 6:54 | 3.3 | 12:16 | 0.2 | 1:11 | 0.3 | 7:13 | 5:12 |  |
| 9 | Thu | 7:13 | 4.2 | 7:30 | 3.4 | 12:58 | 0.2 | 1:43 | 0.2 | 7:13 | 5:12 |  |
| 10 | Fri | 7:47 | 4.2 | 8:06 | 3.5 | 1:36 | 0.1 | 2:15 | 0.1 | 7:13 | 5:13 |  |
| 11 | Sat | 8:23 | 4.1 | 8:47 | 3.5 | 2:14 | 0.2 | 2:48 | 0.1 | 7:13 | 5:14 |  |
| 12 | Sun | 9:03 | 3.9 | 9:32 | 3.6 | 2:54 | 0.2 | 3:23 | 0.1 | 7:13 | 5:15 |  |
| 13 | Mon | 9:47 | 3.7 | 10:21 | 3.7 | 3:37 | 0.3 | 4:00 | 0.1 | 7:13 | 5:16 |  |
| 14 | Tue | 10:34 | 3.6 | 11:10 | 3.8 | 4:24 | 0.4 | 4:41 | 0.1 | 7:12 | 5:17 |  |
| 15 | Wed | 11:22 | 3.4 | | | 5:17 | 0.5 | 5:28 | 0.1 | 7:12 | 5:18 |  |
| 16 | Thu | 12:01 | 4.0 | 12:12 | 3.3 | 6:17 | 0.6 | 6:23 | 0.1 | 7:12 | 5:19 |  |
| 17 | Fri | 12:56 | 4.1 | 1:10 | 3.2 | 7:28 | 0.5 | 7:28 | 0.0 | 7:12 | 5:20 |  |
| 18 | Sat | 2:00 | 4.2 | 2:18 | 3.2 | 8:38 | 0.4 | 8:33 | -0.1 | 7:11 | 5:21 |  |
| 19 | Sun | 3:06 | 4.4 | 3:25 | 3.3 | 9:37 | 0.2 | 9:32 | -0.3 | 7:11 | 5:22 |  |
| 20 | Mon | 4:08 | 4.6 | 4:29 | 3.5 | 10:33 | 0.0 | 10:30 | -0.5 | 7:10 | 5:23 |  |
| 21 | Tue | 5:07 | 4.8 | 5:28 | 3.8 | 11:30 | -0.3 | 11:31 | -0.6 | 7:10 | 5:24 |  |
| 22 | Wed | 6:01 | 4.9 | 6:23 | 4.1 | | | 12:26 | -0.5 | 7:10 | 5:25 |  |
| 23 | Thu | 6:51 | 4.9 | 7:13 | 4.2 | 12:31 | -0.7 | 1:17 | -0.6 | 7:09 | 5:26 |  |
| 24 | Fri | 7:37 | 4.8 | 8:02 | 4.3 | 1:26 | -0.7 | 2:03 | -0.7 | 7:09 | 5:27 |  |
| 25 | Sat | 8:24 | 4.6 | 8:53 | 4.3 | 2:17 | -0.6 | 2:47 | -0.7 | 7:08 | 5:28 |  |
| 26 | Sun | 9:13 | 4.2 | 9:47 | 4.2 | 3:08 | -0.4 | 3:32 | -0.5 | 7:08 | 5:29 |  |
| 27 | Mon | 10:05 | 3.9 | 10:41 | 4.1 | 3:59 | -0.1 | 4:17 | -0.3 | 7:07 | 5:30 |  |
| 28 | Tue | 10:56 | 3.6 | 11:32 | 3.9 | 4:51 | 0.2 | 5:03 | 0.0 | 7:06 | 5:31 |  |
| 29 | Wed | 11:44 | 3.3 | | | 5:46 | 0.5 | 5:52 | 0.2 | 7:06 | 5:32 |  |
| 30 | Thu | 12:22 | 3.7 | 12:32 | 3.0 | 6:51 | 0.7 | 6:48 | 0.4 | 7:05 | 5:33 |  |
| 31 | Fri | 1:16 | 3.6 | 1:27 | 2.8 | 8:06 | 0.8 | 7:52 | 0.5 | 7:04 | 5:34 |  |