



Cape Lookout Bight, NC - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:38	4.9	6:58	3.8	12:12	-0.3	1:06	-0.2	7:13	5:06	☀
2	Sun	7:22	4.9	7:44	4.0	1:03	-0.4	1:50	-0.4	7:13	5:07	☀
3	Mon	8:07	4.8	8:33	4.1	1:53	-0.4	2:34	-0.5	7:13	5:08	☀
4	Tue	8:57	4.6	9:29	4.1	2:43	-0.4	3:21	-0.5	7:13	5:09	☀
5	Wed	9:52	4.4	10:28	4.2	3:37	-0.3	4:09	-0.4	7:13	5:09	☀
6	Thu	10:48	4.1	11:26	4.2	4:34	-0.1	5:01	-0.3	7:13	5:10	☀
7	Fri	11:42	3.9			5:35	0.1	5:56	-0.2	7:13	5:11	☀
8	Sat	12:23	4.2	12:38	3.6	6:44	0.3	6:58	-0.1	7:13	5:12	☀
9	Sun	1:24	4.2	1:41	3.4	8:02	0.4	8:05	-0.1	7:13	5:13	☀
10	Mon	2:31	4.2	2:49	3.3	9:08	0.3	9:04	-0.1	7:13	5:14	☀
11	Tue	3:34	4.3	3:52	3.3	10:04	0.2	9:57	-0.1	7:13	5:15	☀
12	Wed	4:31	4.3	4:50	3.3	10:57	0.2	10:48	-0.1	7:13	5:16	☀
13	Thu	5:22	4.4	5:41	3.4	11:51	0.1	11:39	-0.1	7:12	5:17	☀
14	Fri	6:07	4.4	6:25	3.5			12:38	0.0	7:12	5:18	☀
15	Sat	6:47	4.4	7:04	3.5	12:29	-0.1	1:19	0.0	7:12	5:18	☀
16	Sun	7:23	4.3	7:41	3.6	1:12	0.0	1:54	0.0	7:12	5:19	☀
17	Mon	7:59	4.2	8:19	3.5	1:52	0.0	2:28	0.0	7:11	5:20	☀
18	Tue	8:36	4.0	9:01	3.5	2:30	0.1	3:01	0.1	7:11	5:21	☀
19	Wed	9:17	3.8	9:46	3.5	3:09	0.2	3:36	0.1	7:11	5:22	☀
20	Thu	10:01	3.5	10:32	3.5	3:50	0.4	4:12	0.2	7:10	5:23	☀
21	Fri	10:45	3.4	11:17	3.5	4:34	0.5	4:51	0.3	7:10	5:24	☀
22	Sat	11:28	3.2			5:21	0.7	5:33	0.4	7:09	5:25	☀
23	Sun	12:02	3.5	12:12	3.0	6:16	0.8	6:22	0.5	7:09	5:26	☀
24	Mon	12:52	3.6	1:03	2.9	7:22	0.8	7:21	0.4	7:08	5:27	☀
25	Tue	1:49	3.6	2:03	2.9	8:27	0.7	8:20	0.3	7:08	5:28	☀
26	Wed	2:49	3.8	3:05	3.0	9:21	0.6	9:13	0.1	7:07	5:29	☀
27	Thu	3:46	4.1	4:03	3.2	10:10	0.3	10:04	-0.1	7:07	5:30	☀
28	Fri	4:39	4.3	4:58	3.4	10:59	0.1	10:57	-0.3	7:06	5:31	☀
29	Sat	5:30	4.6	5:50	3.8	11:51	-0.2	11:53	-0.5	7:05	5:32	☀
30	Sun	6:18	4.8	6:39	4.1			12:41	-0.4	7:05	5:33	☀
31	Mon	7:04	4.8	7:27	4.3	12:48	-0.7	1:27	-0.6	7:04	5:34	☀