



Cape Lookout Bight, NC - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:45	4.8	7:08	4.8	12:33	-0.7	1:01	-0.7	6:34	6:02	☀
2	Wed	7:31	4.7	7:57	4.9	1:27	-0.8	1:48	-0.8	6:33	6:03	☀
3	Thu	8:19	4.5	8:48	4.9	2:18	-0.8	2:34	-0.8	6:31	6:04	☀
4	Fri	9:10	4.3	9:44	4.8	3:09	-0.6	3:23	-0.7	6:30	6:04	☀
5	Sat	10:07	4.0	10:42	4.6	4:03	-0.3	4:13	-0.5	6:29	6:05	☀
6	Sun	11:03	3.7	11:39	4.3	4:59	0.0	5:08	-0.2	6:27	6:06	☀
7	Mon	11:59	3.5			6:01	0.3	6:07	0.1	6:26	6:07	☀
8	Tue	12:36	4.1	12:58	3.2	7:15	0.5	7:20	0.4	6:25	6:08	☀
9	Wed	1:41	3.9	2:08	3.1	8:30	0.6	8:33	0.4	6:23	6:09	☀
10	Thu	2:51	3.8	3:17	3.2	9:27	0.5	9:30	0.4	6:22	6:09	☀
11	Fri	3:51	3.8	4:15	3.3	10:15	0.5	10:19	0.4	6:21	6:10	☀
12	Sat	4:42	3.8	5:02	3.5	10:58	0.4	11:06	0.3	6:19	6:11	☀
13	Sun	6:26	3.9	6:43	3.7			12:40	0.3	7:18	7:12	☀
14	Mon	7:03	3.9	7:19	3.8	12:52	0.2	1:18	0.3	7:17	7:13	☀
15	Tue	7:37	3.9	7:52	4.0	1:33	0.2	1:52	0.2	7:15	7:14	☀
16	Wed	8:09	3.9	8:25	4.1	2:11	0.1	2:23	0.2	7:14	7:14	☀
17	Thu	8:41	3.8	8:58	4.1	2:45	0.1	2:54	0.1	7:13	7:15	☀
18	Fri	9:15	3.7	9:35	4.1	3:20	0.2	3:26	0.2	7:11	7:16	☀
19	Sat	9:52	3.5	10:16	4.0	3:56	0.2	3:59	0.2	7:10	7:17	☀
20	Sun	10:34	3.4	11:02	4.0	4:35	0.4	4:36	0.3	7:08	7:18	☀
21	Mon	11:21	3.3	11:51	4.0	5:18	0.5	5:17	0.4	7:07	7:18	☀
22	Tue			12:09	3.2	6:05	0.6	6:05	0.5	7:06	7:19	☀
23	Wed	12:40	3.9	1:00	3.2	6:59	0.7	7:02	0.5	7:04	7:20	☀
24	Thu	1:34	3.9	1:57	3.2	8:04	0.7	8:12	0.5	7:03	7:21	☀
25	Fri	2:36	3.9	3:04	3.4	9:12	0.6	9:24	0.3	7:01	7:21	☀
26	Sat	3:42	4.0	4:11	3.7	10:09	0.3	10:25	0.1	7:00	7:22	☀
27	Sun	4:43	4.2	5:11	4.1	10:59	0.0	11:21	-0.2	6:59	7:23	☀
28	Mon	5:40	4.4	6:07	4.6	11:50	-0.2			6:57	7:24	☀
29	Tue	6:34	4.5	7:00	4.9	12:20	-0.4	12:42	-0.5	6:56	7:25	☀
30	Wed	7:24	4.6	7:49	5.2	1:18	-0.6	1:34	-0.6	6:55	7:25	☀
31	Thu	8:11	4.6	8:37	5.3	2:12	-0.7	2:23	-0.7	6:53	7:26	☀