

































Cape Lookout Bight, NC - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:41	4.6	4:01	3.6	10:08	0.0	10:05	-0.3	7:13	5:06	
2	Mon	4:39	4.8	5:00	3.7	11:04	-0.1	10:59	-0.4	7:13	5:07	
3	Tue	5:34	4.9	5:55	3.8			12:02	-0.2	7:13	5:08	
4	Wed	6:23	4.9	6:44	3.9			12:54	-0.3	7:13	5:08	
5	Thu	7:09	4.8	7:29	3.9	12:50	-0.4	1:41	-0.3	7:13	5:09	
6	Fri	7:52	4.7	8:14	3.8	1:39	-0.3	2:23	-0.3	7:13	5:10	
7	Sat	8:35	4.4	9:02	3.7	2:25	-0.2	3:05	-0.2	7:13	5:11	
8	Sun	9:22	4.1	9:53	3.6	3:10	0.0	3:46	0.0	7:13	5:12	
9	Mon	10:10	3.8	10:44	3.6	3:56	0.3	4:27	0.1	7:13	5:13	
10	Tue	10:57	3.6	11:30	3.5	4:44	0.5	5:08	0.3	7:13	5:14	
11	Wed	11:41	3.3			5:35	0.7	5:53	0.4	7:13	5:14	
12	Thu	12:16	3.5	12:26	3.1	6:33	0.8	6:43	0.5	7:13	5:15	
13	Fri	1:06	3.5	1:16	2.9	7:42	0.9	7:41	0.6	7:12	5:16	
14	Sat	2:02	3.5	2:15	2.8	8:44	0.8	8:34	0.5	7:12	5:17	
15	Sun	2:59	3.6	3:12	2.9	9:32	0.7	9:20	0.4	7:12	5:18	
16	Mon	3:50	3.8	4:05	3.0	10:16	0.6	10:03	0.2	7:12	5:19	
17	Tue	4:38	4.0	4:54	3.1	11:01	0.4	10:48	0.1	7:11	5:20	
18	Wed	5:24	4.2	5:41	3.3	11:48	0.2	11:36	0.0	7:11	5:21	
19	Thu	6:06	4.4	6:24	3.5			12:32	0.0	7:11	5:22	
20	Fri	6:47	4.5	7:05	3.7	12:25	-0.2	1:13	-0.1	7:10	5:23	
21	Sat	7:27	4.6	7:48	3.9	1:12	-0.3	1:53	-0.3	7:10	5:24	
22	Sun	8:09	4.5	8:33	4.0	1:58	-0.3	2:33	-0.4	7:09	5:25	
23	Mon	8:55	4.3	9:25	4.1	2:44	-0.3	3:15	-0.4	7:09	5:26	
24	Tue	9:46	4.1	10:21	4.1	3:35	-0.2	4:01	-0.4	7:08	5:27	
25	Wed	10:40	3.9	11:17	4.2	4:29	-0.1	4:50	-0.4	7:08	5:28	
26	Thu	11:33	3.7			5:27	0.1	5:43	-0.2	7:07	5:29	
27	Fri	12:13	4.2	12:29	3.5	6:33	0.3	6:44	-0.1	7:07	5:30	
28	Sat	1:14	4.2	1:32	3.3	7:50	0.3	7:54	-0.1	7:06	5:31	
29	Sun	2:21	4.2	2:42	3.3	8:59	0.2	8:58	-0.2	7:05	5:32	
30	Mon	3:27	4.3	3:48	3.3	9:57	0.1	9:54	-0.2	7:05	5:33	
31	Tue	4:27	4.4	4:49	3.5	10:52	0.0	10:49	-0.3	7:04	5:34	