
































## Cape Lookout Bight, NC - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:25	4.8	6:42	3.8	1:05	0.6	12:56	0.6	6:26	5:12	
2	Mon	6:58	4.8	7:14	3.7	12:41	0.6	1:32	0.6	6:27	5:11	
3	Tue	7:31	4.7	7:47	3.6	1:15	0.7	2:06	0.7	6:28	5:10	
4	Wed	8:06	4.6	8:23	3.5	1:49	0.7	2:42	0.8	6:29	5:09	
5	Thu	8:46	4.4	9:05	3.3	2:24	0.8	3:21	0.9	6:30	5:09	
6	Fri	9:33	4.3	9:57	3.2	3:02	0.9	4:03	1.1	6:31	5:08	
7	Sat	10:25	4.1	10:51	3.2	3:46	1.1	4:49	1.2	6:32	5:07	
8	Sun	11:15	4.0	11:43	3.2	4:35	1.2	5:39	1.2	6:33	5:06	
9	Mon			12:05	3.9	5:33	1.3	6:35	1.2	6:34	5:05	
10	Tue	12:36	3.4	12:58	3.8	6:42	1.2	7:34	1.0	6:35	5:05	
11	Wed	1:35	3.6	1:57	3.8	7:57	1.1	8:25	0.8	6:36	5:04	
12	Thu	2:34	4.0	2:55	3.8	8:58	0.8	9:09	0.5	6:37	5:03	
13	Fri	3:29	4.5	3:49	3.9	9:50	0.5	9:52	0.2	6:37	5:02	
14	Sat	4:20	4.9	4:40	4.0	10:41	0.3	10:36	0.0	6:38	5:02	
15	Sun	5:10	5.3	5:31	4.1	11:35	0.1	11:26	-0.2	6:39	5:01	
16	Mon	6:00	5.6	6:20	4.1			12:30	0.0	6:40	5:00	
17	Tue	6:48	5.7	7:07	4.1	12:18	-0.3	1:22	-0.1	6:41	5:00	
18	Wed	7:37	5.6	7:56	4.0	1:11	-0.3	2:12	0.0	6:42	4:59	
19	Thu	8:29	5.4	8:51	3.9	2:03	-0.2	3:04	0.1	6:43	4:59	
20	Fri	9:27	5.1	9:56	3.8	2:57	0.0	3:58	0.2	6:44	4:58	
21	Sat	10:29	4.7	11:02	3.7	3:55	0.2	4:56	0.4	6:45	4:58	
22	Sun	11:29	4.4			4:59	0.5	5:56	0.5	6:46	4:57	
23	Mon	12:04	3.7	12:26	4.1	6:10	0.8	7:01	0.6	6:47	4:57	
24	Tue	1:07	3.8	1:27	3.8	7:32	0.9	8:05	0.6	6:48	4:57	
25	Wed	2:13	3.9	2:31	3.6	8:44	0.8	8:55	0.6	6:49	4:56	
26	Thu	3:12	4.0	3:28	3.5	9:38	0.7	9:36	0.5	6:50	4:56	
27	Fri	4:01	4.2	4:17	3.4	10:24	0.7	10:13	0.5	6:51	4:56	
28	Sat	4:44	4.3	5:01	3.4	11:09	0.6	10:49	0.6	6:52	4:56	
29	Sun	5:23	4.4	5:41	3.4	11:54	0.6	11:28	0.6	6:53	4:55	
30	Mon	6:00	4.5	6:17	3.4			12:35	0.6	6:53	4:55	