

































Cape Lookout Bight, NC - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:28	4.0	1:06	4.2	6:42	0.2	7:24	0.7	5:57	8:23	
2	Sat	1:18	3.7	2:00	4.1	7:36	0.4	8:37	0.8	5:57	8:23	
3	Sun	2:12	3.4	2:59	4.1	8:34	0.5	9:44	0.8	5:58	8:22	
4	Mon	3:11	3.2	3:57	4.1	9:29	0.6	10:37	0.8	5:58	8:22	
5	Tue	4:11	3.0	4:50	4.1	10:16	0.6	11:23	0.8	5:59	8:22	
6	Wed	5:04	3.0	5:38	4.2	10:57	0.6			5:59	8:22	
7	Thu	5:53	3.0	6:23	4.3	12:11	0.8	11:40 AM	0.6	6:00	8:22	
8	Fri	6:38	3.1	7:04	4.3	12:59	0.8	12:25	0.6	6:00	8:21	
9	Sat	7:18	3.2	7:41	4.4	1:42	0.7	1:11	0.6	6:01	8:21	
10	Sun	7:55	3.3	8:16	4.4	2:19	0.6	1:55	0.5	6:02	8:21	
11	Mon	8:31	3.4	8:50	4.4	2:52	0.6	2:35	0.5	6:02	8:21	
12	Tue	9:08	3.5	9:26	4.3	3:24	0.5	3:14	0.5	6:03	8:20	
13	Wed	9:49	3.6	10:06	4.1	3:56	0.5	3:54	0.6	6:03	8:20	
14	Thu	10:35	3.7	10:50	3.9	4:29	0.5	4:37	0.6	6:04	8:19	
15	Fri	11:22	3.8	11:35	3.8	5:04	0.5	5:24	0.7	6:05	8:19	
16	Sat			12:09	4.0	5:41	0.5	6:15	0.8	6:05	8:18	
17	Sun	12:20	3.6	12:57	4.2	6:23	0.5	7:13	0.9	6:06	8:18	
18	Mon	1:07	3.4	1:49	4.3	7:13	0.4	8:22	0.9	6:07	8:17	
19	Tue	2:00	3.3	2:50	4.5	8:13	0.4	9:32	0.8	6:07	8:17	
20	Wed	3:04	3.2	3:56	4.7	9:18	0.3	10:31	0.6	6:08	8:16	
21	Thu	4:12	3.3	4:59	4.9	10:17	0.1	11:27	0.5	6:09	8:16	
22	Fri	5:16	3.5	5:59	5.1	11:15	-0.1			6:09	8:15	
23	Sat	6:18	3.7	6:55	5.2	12:26	0.3	12:16	-0.2	6:10	8:14	
24	Sun	7:15	4.0	7:46	5.2	1:24	0.1	1:19	-0.3	6:11	8:14	
25	Mon	8:07	4.2	8:34	5.1	2:16	-0.1	2:18	-0.3	6:12	8:13	
26	Tue	8:57	4.4	9:22	4.9	3:02	-0.2	3:12	-0.2	6:12	8:12	
27	Wed	9:50	4.5	10:12	4.6	3:47	-0.2	4:04	0.0	6:13	8:12	
28	Thu	10:46	4.4	11:05	4.2	4:32	-0.1	4:58	0.2	6:14	8:11	
29	Fri	11:41	4.4	11:57	3.9	5:17	0.1	5:52	0.5	6:14	8:10	
30	Sat			12:32	4.3	6:02	0.3	6:49	0.8	6:15	8:09	
31	Sun	12:45	3.6	1:22	4.2	6:50	0.5	7:55	1.0	6:16	8:08	