

































## Cape Lookout Bight, NC - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:49	4.8	5:07	3.3	11:17	0.1	11:01	-0.3	7:13	5:06	
2	Mon	5:44	5.0	6:02	3.6			12:14	-0.1	7:13	5:07	
3	Tue	6:35	5.1	6:54	3.8	12:01	-0.5	1:07	-0.3	7:13	5:08	
4	Wed	7:24	5.1	7:45	4.0	1:00	-0.6	1:55	-0.4	7:13	5:09	
5	Thu	8:13	4.9	8:39	4.1	1:56	-0.6	2:42	-0.5	7:13	5:09	
6	Fri	9:05	4.6	9:38	4.1	2:50	-0.5	3:29	-0.5	7:13	5:10	
7	Sat	10:00	4.3	10:38	4.2	3:47	-0.3	4:17	-0.4	7:13	5:11	
8	Sun	10:55	3.9	11:33	4.2	4:45	0.0	5:07	-0.2	7:13	5:12	
9	Mon	11:47	3.6			5:47	0.3	5:58	0.0	7:13	5:13	
10	Tue	12:28	4.1	12:39	3.2	6:57	0.5	6:56	0.2	7:13	5:14	
11	Wed	1:26	4.0	1:38	3.0	8:13	0.6	7:59	0.3	7:13	5:15	
12	Thu	2:29	3.9	2:43	2.8	9:15	0.6	8:55	0.3	7:13	5:16	
13	Fri	3:30	3.9	3:44	2.8	10:06	0.6	9:43	0.3	7:12	5:17	
14	Sat	4:24	3.9	4:38	2.8	10:56	0.6	10:28	0.3	7:12	5:18	
15	Sun	5:12	4.0	5:26	2.9	11:45	0.5	11:14	0.3	7:12	5:19	
16	Mon	5:54	4.1	6:07	3.0			12:29	0.4	7:12	5:19	
17	Tue	6:30	4.1	6:44	3.1	12:01	0.3	1:06	0.4	7:11	5:20	
18	Wed	7:04	4.1	7:19	3.2	12:45	0.2	1:38	0.3	7:11	5:21	
19	Thu	7:37	4.1	7:54	3.3	1:24	0.2	2:08	0.2	7:11	5:22	
20	Fri	8:11	4.0	8:31	3.4	2:02	0.2	2:38	0.2	7:10	5:23	
21	Sat	8:47	3.8	9:12	3.5	2:39	0.2	3:08	0.2	7:10	5:24	
22	Sun	9:27	3.6	9:57	3.6	3:19	0.3	3:41	0.2	7:09	5:25	
23	Mon	10:10	3.4	10:43	3.7	4:02	0.4	4:16	0.2	7:09	5:26	
24	Tue	10:54	3.2	11:29	3.8	4:49	0.5	4:54	0.2	7:08	5:27	
25	Wed	11:39	3.0			5:42	0.7	5:40	0.3	7:08	5:28	
26	Thu	12:19	3.9	12:28	2.9	6:45	0.7	6:36	0.2	7:07	5:29	
27	Fri	1:17	4.0	1:29	2.8	7:59	0.7	7:44	0.2	7:07	5:30	
28	Sat	2:23	4.1	2:39	2.8	9:05	0.5	8:50	0.0	7:06	5:31	
29	Sun	3:30	4.3	3:47	3.0	10:01	0.3	9:49	-0.2	7:05	5:32	
30	Mon	4:31	4.5	4:50	3.3	10:57	0.1	10:49	-0.4	7:05	5:33	
31	Tue	5:28	4.7	5:49	3.7	11:54	-0.2	11:52	-0.6	7:04	5:34	