

































Cape Lookout Bight, NC - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:12	4.5	5:35	4.1	11:29	-0.2	11:43	-0.5	6:34	6:02	
2	Thu	6:03	4.6	6:26	4.4			12:20	-0.4	6:32	6:03	
3	Fri	6:50	4.6	7:13	4.7	12:42	-0.6	1:07	-0.6	6:31	6:04	
4	Sat	7:34	4.4	7:58	4.8	1:34	-0.6	1:50	-0.6	6:30	6:04	
5	Sun	8:18	4.2	8:45	4.7	2:22	-0.5	2:31	-0.5	6:29	6:05	
6	Mon	9:04	3.9	9:36	4.5	3:09	-0.3	3:13	-0.4	6:27	6:06	
7	Tue	9:55	3.6	10:28	4.3	3:58	0.0	3:57	-0.1	6:26	6:07	
8	Wed	10:46	3.3	11:20	4.0	4:48	0.3	4:43	0.2	6:25	6:08	
9	Thu	11:35	3.0			5:42	0.7	5:33	0.5	6:23	6:09	
10	Fri	12:11	3.8	12:25	2.8	6:49	0.9	6:34	0.7	6:22	6:10	
11	Sat	1:09	3.6	1:26	2.7	8:11	1.0	7:50	0.8	6:21	6:10	
12	Sun	3:17	3.5	3:38	2.7	10:11	1.0	9:56	0.8	7:19	7:11	
13	Mon	4:21	3.5	4:41	2.9	10:55	0.9	10:45	0.7	7:18	7:12	
14	Tue	5:13	3.6	5:31	3.1	11:34	0.7	11:30	0.5	7:17	7:13	
15	Wed	5:57	3.7	6:14	3.4			12:11	0.6	7:15	7:14	
16	Thu	6:36	3.8	6:52	3.7	12:16	0.4	12:47	0.4	7:14	7:14	
17	Fri	7:12	3.9	7:27	4.0	1:01	0.3	1:22	0.3	7:12	7:15	
18	Sat	7:45	3.9	8:01	4.2	1:43	0.2	1:54	0.2	7:11	7:16	
19	Sun	8:17	3.8	8:35	4.3	2:22	0.1	2:26	0.1	7:10	7:17	
20	Mon	8:51	3.7	9:11	4.4	2:59	0.1	2:59	0.0	7:08	7:18	
21	Tue	9:27	3.6	9:53	4.4	3:37	0.1	3:33	0.0	7:07	7:18	
22	Wed	10:10	3.4	10:42	4.4	4:19	0.2	4:12	0.1	7:05	7:19	
23	Thu	11:00	3.3	11:37	4.3	5:06	0.4	4:57	0.2	7:04	7:20	
24	Fri	11:55	3.2			5:58	0.6	5:50	0.3	7:03	7:21	
25	Sat	12:34	4.2	12:52	3.1	6:58	0.7	6:53	0.4	7:01	7:22	
26	Sun	1:33	4.1	1:56	3.1	8:12	0.7	8:11	0.4	7:00	7:22	
27	Mon	2:41	4.1	3:11	3.3	9:25	0.6	9:31	0.3	6:59	7:23	
28	Tue	3:52	4.1	4:22	3.7	10:22	0.3	10:36	0.1	6:57	7:24	
29	Wed	4:55	4.2	5:23	4.1	11:12	0.1	11:34	-0.1	6:56	7:25	
30	Thu	5:52	4.3	6:18	4.5			12:01	-0.1	6:54	7:25	
31	Fri	6:43	4.3	7:08	4.8	12:33	-0.2	12:50	-0.3	6:53	7:26	