

































## Cape Lookout Bight, NC - Oct 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:09	4.6	11:28	3.5	4:31	0.7	5:32	1.0	7:01	6:49	
2	Mon			12:06	4.6	5:21	0.8	6:28	1.2	7:02	6:48	
3	Tue	12:26	3.5	1:04	4.5	6:21	0.9	7:35	1.2	7:02	6:47	
4	Wed	1:26	3.5	2:07	4.4	7:34	0.9	8:49	1.1	7:03	6:45	
5	Thu	2:36	3.7	3:16	4.4	8:56	0.8	9:50	0.8	7:04	6:44	
6	Fri	3:48	4.0	4:21	4.5	10:06	0.6	10:40	0.5	7:05	6:43	
7	Sat	4:50	4.5	5:18	4.6	11:04	0.3	11:27	0.3	7:05	6:41	
8	Sun	5:46	4.9	6:11	4.6			12:01	0.2	7:06	6:40	
9	Mon	6:38	5.3	7:01	4.6	12:15	0.1	12:58	0.0	7:07	6:39	
10	Tue	7:25	5.5	7:46	4.6	1:04	0.0	1:52	0.0	7:08	6:37	
11	Wed	8:10	5.6	8:29	4.4	1:52	-0.1	2:40	0.0	7:09	6:36	
12	Thu	8:54	5.4	9:13	4.2	2:36	0.0	3:26	0.2	7:09	6:35	
13	Fri	9:40	5.2	10:01	3.9	3:20	0.2	4:13	0.4	7:10	6:33	
14	Sat	10:32	4.9	10:55	3.7	4:05	0.4	5:02	0.7	7:11	6:32	
15	Sun	11:28	4.5	11:52	3.5	4:53	0.7	5:54	1.0	7:12	6:31	
16	Mon			12:23	4.3	5:44	1.0	6:51	1.2	7:13	6:30	
17	Tue	12:46	3.4	1:16	4.0	6:43	1.2	8:00	1.4	7:13	6:28	
18	Wed	1:42	3.3	2:13	3.9	7:55	1.4	9:09	1.3	7:14	6:27	
19	Thu	2:46	3.4	3:15	3.8	9:13	1.3	9:57	1.2	7:15	6:26	
20	Fri	3:48	3.6	4:10	3.8	10:08	1.2	10:32	1.1	7:16	6:25	
21	Sat	4:38	3.8	4:57	3.8	10:52	1.0	11:05	0.9	7:17	6:24	
22	Sun	5:21	4.1	5:39	3.9	11:33	0.9	11:38	0.8	7:18	6:22	
23	Mon	6:00	4.4	6:18	3.9			12:16	0.8	7:19	6:21	
24	Tue	6:38	4.6	6:56	3.9	12:13	0.7	12:59	0.7	7:19	6:20	
25	Wed	7:14	4.8	7:32	3.9	12:50	0.6	1:41	0.6	7:20	6:19	
26	Thu	7:50	5.0	8:07	3.9	1:29	0.5	2:21	0.5	7:21	6:18	
27	Fri	8:28	5.0	8:44	3.8	2:07	0.5	3:00	0.5	7:22	6:17	
28	Sat	9:08	5.0	9:25	3.7	2:46	0.5	3:41	0.6	7:23	6:16	
29	Sun	9:55	4.9	10:15	3.6	3:28	0.5	4:27	0.7	7:24	6:15	
30	Mon	10:50	4.7	11:16	3.6	4:15	0.6	5:18	0.8	7:25	6:14	
31	Tue	11:50	4.6			5:10	0.7	6:13	0.9	7:26	6:13	