
































## Cape Lookout Bight, NC - Nov 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:18	3.6	12:47	4.4	6:14	0.8	7:14	0.9	7:27	6:12	
2	Thu	1:19	3.8	1:47	4.3	7:27	0.9	8:21	0.8	7:28	6:11	
3	Fri	2:25	4.0	2:52	4.2	8:49	0.8	9:23	0.6	7:28	6:10	
4	Sat	3:33	4.3	3:57	4.1	9:59	0.6	10:14	0.3	7:29	6:09	
5	Sun	3:34	4.7	3:55	4.1	9:56	0.4	10:00	0.2	6:30	5:08	
6	Mon	4:28	5.0	4:49	4.1	10:50	0.2	10:47	0.1	6:31	5:07	
7	Tue	5:19	5.3	5:40	4.1	11:45	0.2	11:36	0.0	6:32	5:06	
8	Wed	6:06	5.4	6:26	4.1			12:38	0.1	6:33	5:06	
9	Thu	6:50	5.3	7:09	4.0	12:25	0.1	1:25	0.2	6:34	5:05	
10	Fri	7:33	5.2	7:51	3.8	1:12	0.1	2:09	0.3	6:35	5:04	
11	Sat	8:16	4.9	8:35	3.6	1:56	0.3	2:53	0.5	6:36	5:03	
12	Sun	9:03	4.6	9:26	3.5	2:39	0.5	3:38	0.7	6:37	5:03	
13	Mon	9:55	4.4	10:23	3.4	3:25	0.7	4:24	0.8	6:38	5:02	
14	Tue	10:47	4.1	11:16	3.3	4:14	0.9	5:12	1.0	6:39	5:01	
15	Wed	11:36	3.9			5:07	1.1	6:02	1.1	6:40	5:01	
16	Thu	12:07	3.3	12:24	3.7	6:08	1.3	6:58	1.1	6:41	5:00	
17	Fri	12:59	3.4	1:15	3.5	7:21	1.3	7:53	1.1	6:42	5:00	
18	Sat	1:55	3.6	2:11	3.4	8:28	1.2	8:38	0.9	6:43	4:59	
19	Sun	2:49	3.8	3:05	3.4	9:18	1.0	9:15	0.8	6:44	4:59	
20	Mon	3:37	4.1	3:53	3.4	10:00	0.9	9:51	0.7	6:45	4:58	
21	Tue	4:21	4.3	4:37	3.4	10:43	0.7	10:28	0.5	6:46	4:58	
22	Wed	5:03	4.6	5:21	3.5	11:28	0.6	11:09	0.4	6:47	4:57	
23	Thu	5:46	4.8	6:03	3.6			12:15	0.5	6:47	4:57	
24	Fri	6:27	5.0	6:44	3.6			1:00	0.4	6:48	4:57	
25	Sat	7:09	5.0	7:25	3.6	12:41	0.2	1:44	0.3	6:49	4:56	
26	Sun	7:52	5.0	8:11	3.6	1:28	0.1	2:27	0.3	6:50	4:56	
27	Mon	8:40	4.9	9:04	3.6	2:15	0.1	3:13	0.3	6:51	4:56	
28	Tue	9:35	4.7	10:06	3.7	3:07	0.2	4:03	0.3	6:52	4:55	
29	Wed	10:34	4.5	11:08	3.8	4:04	0.4	4:55	0.3	6:53	4:55	
30	Thu	11:30	4.2			5:08	0.5	5:49	0.3	6:54	4:55	