

































## Cape Lookout Bight, NC - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:07	4.0	12:26	4.0	6:18	0.6	6:49	0.3	6:55	4:55	
2	Sat	1:08	4.2	1:26	3.8	7:37	0.6	7:51	0.2	6:56	4:55	
3	Sun	2:13	4.4	2:31	3.6	8:48	0.5	8:47	0.1	6:56	4:55	
4	Mon	3:14	4.6	3:32	3.5	9:45	0.4	9:37	0.1	6:57	4:55	
5	Tue	4:10	4.8	4:29	3.5	10:38	0.3	10:24	0.0	6:58	4:55	
6	Wed	5:02	4.9	5:21	3.5	11:33	0.2	11:13	0.1	6:59	4:55	
7	Thu	5:51	4.9	6:09	3.5			12:25	0.2	7:00	4:55	
8	Fri	6:35	4.9	6:52	3.5	12:04	0.1	1:12	0.2	7:01	4:55	
9	Sat	7:15	4.8	7:32	3.5	12:53	0.1	1:54	0.3	7:01	4:55	
10	Sun	7:55	4.6	8:13	3.4	1:36	0.2	2:34	0.3	7:02	4:55	
11	Mon	8:36	4.4	8:59	3.3	2:18	0.3	3:12	0.4	7:03	4:55	
12	Tue	9:21	4.1	9:50	3.3	3:00	0.5	3:52	0.5	7:03	4:56	
13	Wed	10:09	3.9	10:41	3.3	3:45	0.7	4:31	0.6	7:04	4:56	
14	Thu	10:55	3.7	11:28	3.4	4:33	0.8	5:11	0.7	7:05	4:56	
15	Fri	11:39	3.5			5:25	1.0	5:53	0.8	7:05	4:57	
16	Sat	12:13	3.4	12:22	3.3	6:23	1.1	6:40	0.8	7:06	4:57	
17	Sun	1:01	3.6	1:11	3.1	7:32	1.1	7:32	0.7	7:07	4:57	
18	Mon	1:55	3.7	2:07	3.0	8:35	1.0	8:23	0.6	7:07	4:58	
19	Tue	2:50	3.9	3:03	3.0	9:24	0.8	9:07	0.5	7:08	4:58	
20	Wed	3:41	4.1	3:56	3.0	10:10	0.6	9:51	0.3	7:08	4:59	
21	Thu	4:31	4.4	4:47	3.1	10:58	0.5	10:37	0.1	7:09	4:59	
22	Fri	5:20	4.6	5:37	3.3	11:50	0.3	11:28	0.0	7:09	5:00	
23	Sat	6:08	4.8	6:24	3.4			12:40	0.2	7:10	5:00	
24	Sun	6:53	4.9	7:11	3.6	12:22	-0.2	1:27	0.0	7:10	5:01	
25	Mon	7:38	4.9	7:59	3.8	1:15	-0.3	2:11	-0.1	7:11	5:01	
26	Tue	8:26	4.8	8:52	3.9	2:07	-0.3	2:56	-0.2	7:11	5:02	
27	Wed	9:18	4.5	9:52	4.0	3:00	-0.2	3:43	-0.2	7:11	5:03	
28	Thu	10:15	4.3	10:52	4.1	3:57	0.0	4:31	-0.2	7:12	5:03	
29	Fri	11:10	4.0	11:49	4.2	4:58	0.1	5:22	-0.1	7:12	5:04	
30	Sat			12:03	3.7	6:03	0.3	6:17	0.0	7:12	5:05	
31	Sun	12:46	4.2	1:00	3.4	7:18	0.5	7:19	0.0	7:12	5:05	