



## Cape Lookout Bight, NC - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:25	5.7	8:45	4.6	2:07	-0.2	2:53	-0.1	7:01	6:50	☀
2	Tue	9:13	5.6	9:33	4.4	2:53	-0.2	3:43	0.0	7:01	6:48	☀
3	Wed	10:06	5.4	10:28	4.1	3:41	-0.1	4:35	0.3	7:02	6:47	☀
4	Thu	11:05	5.1	11:29	3.9	4:32	0.2	5:31	0.6	7:03	6:46	☀
5	Fri			12:05	4.8	5:27	0.5	6:31	0.9	7:04	6:44	☀
6	Sat	12:29	3.7	1:04	4.5	6:28	0.8	7:41	1.1	7:04	6:43	☀
7	Sun	1:30	3.6	2:06	4.2	7:41	1.1	8:59	1.2	7:05	6:42	☀
8	Mon	2:38	3.5	3:14	4.1	9:05	1.1	9:58	1.1	7:06	6:40	☀
9	Tue	3:49	3.6	4:17	4.0	10:08	1.1	10:41	1.0	7:07	6:39	☀
10	Wed	4:45	3.8	5:07	4.0	10:56	1.0	11:17	0.9	7:08	6:38	☀
11	Thu	5:30	4.1	5:49	4.0	11:39	0.9	11:52	0.9	7:08	6:36	☀
12	Fri	6:09	4.3	6:27	4.0			12:22	0.8	7:09	6:35	☀
13	Sat	6:44	4.5	7:02	4.0	12:26	0.8	1:04	0.7	7:10	6:34	☀
14	Sun	7:17	4.6	7:34	4.0	1:01	0.8	1:42	0.7	7:11	6:32	☀
15	Mon	7:50	4.7	8:06	3.9	1:35	0.7	2:18	0.7	7:12	6:31	☀
16	Tue	8:23	4.8	8:39	3.8	2:09	0.7	2:53	0.7	7:12	6:30	☀
17	Wed	8:57	4.7	9:13	3.7	2:42	0.7	3:29	0.8	7:13	6:29	☀
18	Thu	9:36	4.6	9:53	3.5	3:16	0.8	4:08	0.9	7:14	6:27	☀
19	Fri	10:22	4.5	10:42	3.4	3:54	0.8	4:51	1.0	7:15	6:26	☀
20	Sat	11:15	4.4	11:38	3.4	4:37	0.9	5:38	1.1	7:16	6:25	☀
21	Sun			12:10	4.3	5:28	1.0	6:31	1.2	7:17	6:24	☀
22	Mon	12:34	3.5	1:04	4.3	6:29	1.1	7:32	1.1	7:17	6:23	☀
23	Tue	1:32	3.6	2:02	4.2	7:41	1.1	8:37	1.0	7:18	6:22	☀
24	Wed	2:37	3.9	3:06	4.2	9:00	0.9	9:34	0.7	7:19	6:20	☀
25	Thu	3:43	4.3	4:09	4.2	10:05	0.6	10:23	0.4	7:20	6:19	☀
26	Fri	4:41	4.8	5:05	4.3	11:01	0.3	11:09	0.1	7:21	6:18	☀
27	Sat	5:36	5.2	5:59	4.4	11:56	0.1	11:58	-0.1	7:22	6:17	☀
28	Sun	6:28	5.5	6:50	4.4			12:53	0.0	7:23	6:16	☀
29	Mon	7:18	5.7	7:38	4.4	12:49	-0.2	1:47	-0.1	7:24	6:15	☀
30	Tue	8:06	5.7	8:25	4.3	1:41	-0.2	2:38	-0.1	7:25	6:14	☀
31	Wed	8:53	5.6	9:13	4.1	2:31	-0.2	3:27	0.1	7:25	6:13	☀