




















Cape Lookout Bight, NC - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:32	4.4	4:57	4.0	10:50	-0.1	11:05	-0.4	6:34	6:02	
2	Tue	5:28	4.5	5:52	4.3	11:43	-0.3			6:32	6:03	
3	Wed	6:17	4.6	6:40	4.6	12:04	-0.5	12:33	-0.5	6:31	6:04	
4	Thu	7:03	4.5	7:25	4.7	12:59	-0.6	1:19	-0.6	6:30	6:04	
5	Fri	7:45	4.3	8:10	4.7	1:48	-0.5	2:01	-0.6	6:29	6:05	
6	Sat	8:29	4.1	8:56	4.5	2:33	-0.4	2:42	-0.4	6:27	6:06	
7	Sun	9:15	3.8	9:46	4.3	3:19	-0.2	3:24	-0.2	6:26	6:07	
8	Mon	10:05	3.5	10:37	4.1	4:05	0.1	4:07	0.1	6:25	6:08	
9	Tue	10:54	3.3	11:26	3.9	4:54	0.4	4:53	0.3	6:23	6:09	
10	Wed	11:41	3.0			5:46	0.7	5:42	0.6	6:22	6:10	
11	Thu	12:16	3.7	12:31	2.9	6:49	0.9	6:43	0.8	6:21	6:10	
12	Fri	1:11	3.5	1:30	2.8	8:05	1.0	7:56	0.8	6:19	6:11	
13	Sat	2:14	3.4	2:37	2.9	9:02	0.9	8:57	0.7	6:18	6:12	
14	Sun	4:15	3.5	4:36	3.1	10:44	0.8	10:45	0.6	7:16	7:13	
15	Mon	5:06	3.6	5:25	3.3	11:23	0.6	11:29	0.4	7:15	7:14	
16	Tue	5:51	3.7	6:09	3.6			12:01	0.5	7:14	7:14	
17	Wed	6:32	3.8	6:49	3.9	12:15	0.3	12:39	0.3	7:12	7:15	
18	Thu	7:09	3.9	7:27	4.2	1:01	0.2	1:18	0.2	7:11	7:16	
19	Fri	7:45	4.0	8:03	4.4	1:44	0.0	1:54	0.0	7:10	7:17	
20	Sat	8:21	3.9	8:41	4.5	2:25	-0.1	2:30	-0.1	7:08	7:18	
21	Sun	8:58	3.9	9:22	4.6	3:05	-0.1	3:07	-0.1	7:07	7:18	
22	Mon	9:39	3.7	10:09	4.6	3:47	0.0	3:47	-0.1	7:05	7:19	
23	Tue	10:28	3.6	11:02	4.5	4:32	0.1	4:31	-0.1	7:04	7:20	
24	Wed	11:23	3.5	11:59	4.4	5:22	0.2	5:22	0.0	7:03	7:21	
25	Thu			12:20	3.4	6:18	0.4	6:20	0.2	7:01	7:22	
26	Fri	12:56	4.3	1:19	3.4	7:21	0.5	7:28	0.3	7:00	7:22	
27	Sat	1:57	4.2	2:26	3.5	8:35	0.5	8:48	0.3	6:58	7:23	
28	Sun	3:06	4.1	3:39	3.7	9:42	0.3	9:59	0.2	6:57	7:24	
29	Mon	4:14	4.1	4:45	4.0	10:36	0.1	10:59	0.0	6:56	7:25	
30	Tue	5:14	4.2	5:43	4.3	11:26	0.0	11:56	-0.1	6:54	7:25	
31	Wed	6:09	4.2	6:35	4.6			12:16	-0.2	6:53	7:26	