
































## Cape Lookout Bight, NC - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:33	4.6	3:52	3.6	9:58	0.1	9:56	-0.4	7:13	5:06	
2	Thu	4:31	4.8	4:52	3.7	10:54	-0.2	10:51	-0.6	7:13	5:07	
3	Fri	5:27	5.1	5:49	3.9	11:52	-0.3	11:50	-0.7	7:13	5:08	
4	Sat	6:20	5.2	6:41	4.1			12:48	-0.5	7:13	5:09	
5	Sun	7:09	5.2	7:32	4.2	12:49	-0.7	1:39	-0.6	7:13	5:10	
6	Mon	7:58	5.0	8:23	4.2	1:43	-0.7	2:27	-0.6	7:13	5:10	
7	Tue	8:48	4.7	9:19	4.1	2:35	-0.5	3:15	-0.5	7:13	5:11	
8	Wed	9:42	4.4	10:18	4.0	3:28	-0.3	4:04	-0.4	7:13	5:12	
9	Thu	10:37	4.1	11:13	3.9	4:23	0.0	4:53	-0.2	7:13	5:13	
10	Fri	11:28	3.7			5:19	0.3	5:43	0.1	7:13	5:14	
11	Sat	12:05	3.8	12:17	3.4	6:21	0.5	6:37	0.3	7:13	5:15	
12	Sun	12:58	3.7	1:10	3.1	7:34	0.7	7:38	0.4	7:13	5:16	
13	Mon	1:57	3.7	2:10	3.0	8:41	0.7	8:34	0.4	7:12	5:17	
14	Tue	2:56	3.7	3:09	2.9	9:32	0.6	9:20	0.4	7:12	5:18	
15	Wed	3:48	3.7	4:02	2.9	10:17	0.6	10:01	0.3	7:12	5:19	
16	Thu	4:35	3.9	4:50	3.0	11:01	0.5	10:43	0.3	7:12	5:20	
17	Fri	5:18	4.0	5:34	3.1	11:46	0.4	11:28	0.2	7:11	5:21	
18	Sat	5:58	4.1	6:13	3.3			12:27	0.3	7:11	5:21	
19	Sun	6:35	4.2	6:50	3.4	12:12	0.1	1:04	0.2	7:11	5:22	
20	Mon	7:10	4.2	7:26	3.5	12:54	0.1	1:38	0.1	7:10	5:23	
21	Tue	7:45	4.2	8:04	3.6	1:34	0.0	2:11	0.0	7:10	5:24	
22	Wed	8:21	4.1	8:44	3.6	2:12	0.0	2:46	0.0	7:09	5:25	
23	Thu	9:02	4.0	9:31	3.7	2:53	0.1	3:22	-0.1	7:09	5:26	
24	Fri	9:48	3.8	10:21	3.8	3:37	0.1	4:01	-0.1	7:08	5:27	
25	Sat	10:37	3.7	11:12	3.9	4:25	0.2	4:45	0.0	7:08	5:28	
26	Sun	11:26	3.5			5:19	0.3	5:34	0.0	7:07	5:29	
27	Mon	12:04	4.0	12:18	3.4	6:20	0.4	6:31	0.0	7:06	5:30	
28	Tue	1:01	4.1	1:18	3.3	7:32	0.4	7:37	-0.1	7:06	5:31	
29	Wed	2:07	4.2	2:27	3.3	8:42	0.3	8:42	-0.2	7:05	5:32	
30	Thu	3:13	4.4	3:34	3.4	9:41	0.1	9:41	-0.4	7:04	5:33	
31	Fri	4:14	4.6	4:36	3.6	10:38	-0.1	10:39	-0.5	7:04	5:34	