

































## Cape Lookout Bight, NC - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:28	3.8	12:46	3.1	7:04	0.7	7:03	0.5	6:34	6:02	
2	Mon	1:26	3.6	1:47	2.9	8:19	0.7	8:13	0.6	6:33	6:03	
3	Tue	2:31	3.6	2:53	2.9	9:16	0.7	9:09	0.6	6:31	6:03	
4	Wed	3:31	3.6	3:51	3.0	10:02	0.7	9:55	0.5	6:30	6:04	
5	Thu	4:22	3.7	4:41	3.2	10:44	0.6	10:39	0.4	6:29	6:05	
6	Fri	5:07	3.8	5:24	3.4	11:25	0.5	11:25	0.3	6:28	6:06	
7	Sat	5:46	3.9	6:02	3.6			12:05	0.3	6:26	6:07	
8	Sun	7:22	4.0	7:38	3.8	12:09	0.2	1:41	0.2	7:25	7:08	
9	Mon	7:56	4.0	8:12	3.9	1:50	0.1	2:14	0.1	7:24	7:09	
10	Tue	8:30	4.0	8:47	4.1	2:28	0.0	2:46	0.0	7:22	7:09	
11	Wed	9:04	3.9	9:24	4.1	3:05	0.0	3:18	0.0	7:21	7:10	
12	Thu	9:42	3.8	10:06	4.1	3:43	0.1	3:53	0.0	7:19	7:11	
13	Fri	10:25	3.6	10:54	4.2	4:24	0.1	4:31	0.1	7:18	7:12	
14	Sat	11:14	3.5	11:46	4.2	5:10	0.3	5:14	0.1	7:17	7:13	
15	Sun			12:05	3.4	6:00	0.4	6:03	0.2	7:15	7:13	
16	Mon	12:38	4.2	12:58	3.3	6:58	0.5	7:02	0.3	7:14	7:14	
17	Tue	1:35	4.1	1:58	3.3	8:07	0.5	8:13	0.3	7:13	7:15	
18	Wed	2:40	4.1	3:08	3.4	9:19	0.4	9:26	0.1	7:11	7:16	
19	Thu	3:49	4.2	4:18	3.6	10:19	0.2	10:30	-0.1	7:10	7:17	
20	Fri	4:53	4.4	5:20	4.0	11:13	0.0	11:28	-0.3	7:08	7:17	
21	Sat	5:52	4.5	6:18	4.3			12:06	-0.2	7:07	7:18	
22	Sun	6:46	4.6	7:10	4.7	12:28	-0.4	12:59	-0.4	7:06	7:19	
23	Mon	7:35	4.7	7:58	4.8	1:26	-0.5	1:49	-0.5	7:04	7:20	
24	Tue	8:20	4.6	8:43	4.9	2:19	-0.6	2:35	-0.6	7:03	7:21	
25	Wed	9:04	4.4	9:29	4.8	3:07	-0.5	3:18	-0.5	7:02	7:21	
26	Thu	9:51	4.1	10:18	4.6	3:54	-0.3	4:02	-0.3	7:00	7:22	
27	Fri	10:41	3.8	11:10	4.3	4:41	-0.1	4:46	0.0	6:59	7:23	
28	Sat	11:33	3.5			5:30	0.2	5:32	0.3	6:57	7:24	
29	Sun	12:02	4.1	12:23	3.3	6:21	0.5	6:22	0.6	6:56	7:25	
30	Mon	12:51	3.9	1:13	3.1	7:19	0.8	7:18	0.8	6:55	7:25	
31	Tue	1:43	3.7	2:08	3.0	8:30	0.9	8:29	0.9	6:53	7:26	