














Cape Lookout Bight, NC - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:00	3.4	4:39	4.4	10:09	0.3	11:02	0.5	5:57	8:23	
2	Thu	4:55	3.5	5:31	4.7	10:56	0.1	11:52	0.3	5:57	8:23	
3	Fri	5:49	3.6	6:22	5.0	11:45	0.0			5:58	8:23	
4	Sat	6:42	3.8	7:12	5.2	12:47	0.1	12:40	-0.2	5:58	8:22	
5	Sun	7:32	4.0	8:00	5.3	1:40	-0.1	1:36	-0.3	5:59	8:22	
6	Mon	8:21	4.2	8:48	5.3	2:30	-0.2	2:30	-0.4	5:59	8:22	
7	Tue	9:12	4.3	9:39	5.1	3:17	-0.3	3:23	-0.4	6:00	8:22	
8	Wed	10:09	4.3	10:35	4.8	4:06	-0.3	4:17	-0.2	6:00	8:22	
9	Thu	11:10	4.4	11:32	4.6	4:57	-0.3	5:15	0.0	6:01	8:21	
10	Fri			12:09	4.4	5:49	-0.2	6:16	0.2	6:01	8:21	
11	Sat	12:28	4.3	1:06	4.4	6:43	0.0	7:23	0.5	6:02	8:21	
12	Sun	1:22	4.0	2:05	4.4	7:42	0.1	8:38	0.6	6:03	8:20	
13	Mon	2:21	3.7	3:08	4.3	8:47	0.2	9:47	0.6	6:03	8:20	
14	Tue	3:26	3.5	4:11	4.4	9:46	0.3	10:43	0.6	6:04	8:20	
15	Wed	4:28	3.4	5:07	4.4	10:36	0.3	11:34	0.6	6:04	8:19	
16	Thu	5:24	3.4	5:57	4.4	11:22	0.3			6:05	8:19	
17	Fri	6:14	3.5	6:42	4.5	12:24	0.5	12:08	0.4	6:06	8:18	
18	Sat	6:59	3.5	7:21	4.5	1:13	0.5	12:56	0.4	6:06	8:18	
19	Sun	7:37	3.6	7:57	4.5	1:55	0.5	1:40	0.4	6:07	8:17	
20	Mon	8:14	3.7	8:32	4.5	2:31	0.4	2:20	0.4	6:08	8:17	
21	Tue	8:49	3.7	9:07	4.3	3:04	0.4	2:58	0.4	6:08	8:16	
22	Wed	9:28	3.7	9:45	4.2	3:36	0.4	3:36	0.5	6:09	8:15	
23	Thu	10:10	3.7	10:27	4.0	4:10	0.5	4:15	0.6	6:10	8:15	
24	Fri	10:57	3.7	11:12	3.9	4:46	0.5	4:58	0.7	6:11	8:14	
25	Sat	11:43	3.8	11:56	3.7	5:23	0.6	5:43	0.9	6:11	8:13	
26	Sun			12:28	3.8	6:03	0.6	6:33	1.0	6:12	8:13	
27	Mon	12:40	3.6	1:15	3.9	6:47	0.7	7:31	1.0	6:13	8:12	
28	Tue	1:26	3.4	2:06	4.1	7:38	0.7	8:38	1.0	6:13	8:11	
29	Wed	2:20	3.4	3:06	4.2	8:38	0.6	9:41	0.8	6:14	8:10	
30	Thu	3:23	3.4	4:06	4.5	9:37	0.4	10:34	0.6	6:15	8:09	
31	Fri	4:25	3.5	5:04	4.7	10:30	0.2	11:26	0.4	6:16	8:09	