


































Cape Lookout Bight, NC - Jan 2055

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 9:02 | 4.1 | 9:29 | 3.3 | 2:47 | 0.3 | 3:31 | 0.3 | 7:13 | 5:06 |  |
| 2 | Sat | 9:47 | 3.8 | 10:18 | 3.3 | 3:29 | 0.4 | 4:09 | 0.4 | 7:13 | 5:07 |  |
| 3 | Sun | 10:34 | 3.6 | 11:06 | 3.3 | 4:14 | 0.6 | 4:49 | 0.5 | 7:13 | 5:07 |  |
| 4 | Mon | 11:18 | 3.4 | 11:51 | 3.4 | 5:02 | 0.7 | 5:30 | 0.5 | 7:13 | 5:08 |  |
| 5 | Tue | | | 12:02 | 3.3 | 5:55 | 0.9 | 6:16 | 0.6 | 7:13 | 5:09 |  |
| 6 | Wed | 12:38 | 3.4 | 12:49 | 3.1 | 6:57 | 0.9 | 7:09 | 0.6 | 7:13 | 5:10 |  |
| 7 | Thu | 1:30 | 3.5 | 1:43 | 3.0 | 8:05 | 0.8 | 8:05 | 0.5 | 7:13 | 5:11 |  |
| 8 | Fri | 2:27 | 3.7 | 2:42 | 3.0 | 9:01 | 0.7 | 8:54 | 0.3 | 7:13 | 5:12 |  |
| 9 | Sat | 3:22 | 4.0 | 3:38 | 3.1 | 9:49 | 0.5 | 9:40 | 0.1 | 7:13 | 5:13 |  |
| 10 | Sun | 4:14 | 4.2 | 4:31 | 3.2 | 10:37 | 0.3 | 10:27 | -0.1 | 7:13 | 5:13 |  |
| 11 | Mon | 5:04 | 4.5 | 5:23 | 3.4 | 11:29 | 0.1 | 11:18 | -0.3 | 7:13 | 5:14 |  |
| 12 | Tue | 5:53 | 4.8 | 6:12 | 3.6 | | | 12:20 | -0.1 | 7:13 | 5:15 |  |
| 13 | Wed | 6:40 | 4.9 | 7:00 | 3.8 | 12:12 | -0.4 | 1:09 | -0.3 | 7:12 | 5:16 |  |
| 14 | Thu | 7:26 | 5.0 | 7:47 | 4.0 | 1:06 | -0.5 | 1:54 | -0.5 | 7:12 | 5:17 |  |
| 15 | Fri | 8:13 | 4.9 | 8:39 | 4.1 | 1:57 | -0.6 | 2:40 | -0.6 | 7:12 | 5:18 |  |
| 16 | Sat | 9:04 | 4.7 | 9:36 | 4.1 | 2:49 | -0.5 | 3:28 | -0.6 | 7:12 | 5:19 |  |
| 17 | Sun | 10:00 | 4.4 | 10:36 | 4.2 | 3:44 | -0.4 | 4:17 | -0.5 | 7:11 | 5:20 |  |
| 18 | Mon | 10:56 | 4.1 | 11:33 | 4.2 | 4:42 | -0.2 | 5:09 | -0.4 | 7:11 | 5:21 |  |
| 19 | Tue | 11:50 | 3.8 | | | 5:44 | 0.1 | 6:05 | -0.2 | 7:11 | 5:22 |  |
| 20 | Wed | 12:30 | 4.1 | 12:46 | 3.5 | 6:55 | 0.3 | 7:08 | -0.1 | 7:10 | 5:23 |  |
| 21 | Thu | 1:32 | 4.1 | 1:50 | 3.3 | 8:12 | 0.3 | 8:14 | 0.0 | 7:10 | 5:24 |  |
| 22 | Fri | 2:39 | 4.1 | 2:57 | 3.1 | 9:17 | 0.3 | 9:11 | 0.0 | 7:09 | 5:25 |  |
| 23 | Sat | 3:41 | 4.1 | 4:00 | 3.1 | 10:11 | 0.3 | 10:01 | 0.0 | 7:09 | 5:26 |  |
| 24 | Sun | 4:36 | 4.2 | 4:55 | 3.2 | 11:04 | 0.2 | 10:51 | 0.0 | 7:08 | 5:27 |  |
| 25 | Mon | 5:26 | 4.2 | 5:44 | 3.3 | 11:56 | 0.2 | 11:41 | 0.0 | 7:08 | 5:28 |  |
| 26 | Tue | 6:09 | 4.3 | 6:26 | 3.3 | | | 12:41 | 0.1 | 7:07 | 5:29 |  |
| 27 | Wed | 6:47 | 4.3 | 7:03 | 3.4 | 12:28 | 0.0 | 1:20 | 0.1 | 7:07 | 5:30 |  |
| 28 | Thu | 7:22 | 4.2 | 7:38 | 3.4 | 1:10 | 0.0 | 1:53 | 0.0 | 7:06 | 5:31 |  |
| 29 | Fri | 7:57 | 4.1 | 8:15 | 3.5 | 1:48 | 0.0 | 2:25 | 0.1 | 7:05 | 5:32 |  |
| 30 | Sat | 8:33 | 3.9 | 8:55 | 3.5 | 2:25 | 0.1 | 2:58 | 0.1 | 7:05 | 5:33 |  |
| 31 | Sun | 9:12 | 3.7 | 9:39 | 3.4 | 3:03 | 0.2 | 3:31 | 0.2 | 7:04 | 5:34 |  |