US HARBORS www.USHarbors.com

Cape Lookout Bight, NC - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:47	4.4	6:04	3.3			12:16	0.3	7:12	5:06	
2	Sun	6:27	4.6	6:44	3.4			12:59	0.1	7:13	5:07	
3	Mon	7:07	4.6	7:24	3.5	12:44	0.0	1:39	0.0	7:13	5:07	
4	Tue	7:47	4.6	8:07	3.6	1:28	-0.1	2:19	-0.1	7:13	5:08	
5	Wed	8:31	4.6	8:56	3.6	2:13	-0.1	3:00	-0.1	7:13	5:09	
6	Thu	9:20	4.4	9:51	3.7	3:00	-0.1	3:44	-0.1	7:13	5:10	
7	Fri	10:13	4.2	10:48	3.9	3:53	0.0	4:30	-0.1	7:13	5:11	
8	Sat	11:06	4.0	11:43	4.0	4:50	0.1	5:20	-0.1	7:13	5:11	
9	Sun	11:59	3.8			5:52	0.3	6:15	-0.1	7:13	5:12	
10	Mon	12:40	4.1	12:56	3.5	7:03	0.4	7:17	-0.1	7:13	5:13	
11	Tue	1:42	4.2	2:00	3.4	8:18	0.3	8:20	-0.1	7:13	5:14	
12	Wed	2:48	4.3	3:07	3.3	9:22	0.2	9:17	-0.2	7:13	5:15	
13	Thu	3:50	4.5	4:09	3.4	10:18	0.1	10:10	-0.3	7:12	5:16	
14	Fri	4:47	4.6	5:07	3.4	11:15	0.0	11:04	-0.3	7:12	5:17	
15	Sat	5:41	4.7	6:00	3.5			12:11	-0.1	7:12	5:18	
16	Sun	6:28	4.7	6:47	3.6	12:00	-0.3	1:02	-0.2	7:12	5:19	
17	Mon	7:12	4.6	7:31	3.6	12:53	-0.3	1:45	-0.2	7:11	5:20	
18	Tue	7:53	4.5	8:13	3.6	1:39	-0.2	2:25	-0.2	7:11	5:21	
19	Wed	8:34	4.2	8:58	3.5	2:23	-0.1	3:04	-0.1	7:11	5:22	
20	Thu	9:18	4.0	9:47	3.5	3:06	0.1	3:42	0.1	7:10	5:23	
21	Fri	10:05	3.7	10:36	3.4	3:50	0.3	4:20	0.2	7:10	5:24	
22	Sat	10:50	3.5	11:21	3.4	4:36	0.5	5:00	0.3	7:10	5:25	
23	Sun	11:33	3.2			5:25	0.7	5:41	0.5	7:09	5:26	
24	Mon	12:06	3.4	12:16	3.0	6:20	0.8	6:29	0.6	7:09	5:27	
25	Tue	12:54	3.4	1:05	2.9	7:28	0.9	7:25	0.6	7:08	5:28	
26	Wed	1:49	3.5	2:03	2.8	8:33	0.8	8:21	0.5	7:07	5:29	
27	Thu	2:47	3.6	3:03	2.8	9:24	0.7	9:10	0.4	7:07	5:30	
28	Fri	3:41	3.8	3:57	2.9	10:10	0.6	9:55	0.2	7:06	5:31	
29	Sat	4:32	4.0	4:49	3.0	10:56	0.4	10:41	0.1	7:06	5:32	
30	Sun	5:19	4.3	5:37	3.3	11:45	0.2	11:32	-0.1	7:05	5:33	
31	Mon	6:04	4.5	6:22	3.5			12:31	0.0	7:04	5:34	