

































Cape Lookout Bight, NC - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:29	4.2	3:53	3.3	10:01	0.2	9:58	-0.1	6:34	6:02	
2	Fri	4:31	4.3	4:55	3.5	10:56	0.1	10:57	-0.2	6:32	6:03	
3	Sat	5:27	4.4	5:49	3.8	11:50	0.0	11:55	-0.2	6:31	6:04	
4	Sun	6:16	4.5	6:36	4.0			12:38	-0.2	6:30	6:05	
5	Mon	6:58	4.4	7:17	4.1	12:48	-0.3	1:20	-0.2	6:28	6:05	
6	Tue	7:37	4.3	7:56	4.2	1:34	-0.3	1:58	-0.2	6:27	6:06	
7	Wed	8:15	4.1	8:37	4.1	2:16	-0.2	2:33	-0.1	6:26	6:07	
8	Thu	8:55	3.8	9:20	4.0	2:57	0.0	3:08	0.0	6:24	6:08	
9	Fri	9:39	3.5	10:05	3.9	3:38	0.2	3:44	0.2	6:23	6:09	
10	Sat	10:24	3.3	10:52	3.8	4:21	0.4	4:22	0.4	6:22	6:10	
11	Sun			12:08	3.1	6:06	0.7	6:03	0.6	7:20	7:10	
12	Mon	12:37	3.7	12:53	2.9	6:57	0.9	6:51	0.7	7:19	7:11	
13	Tue	1:25	3.6	1:42	2.8	8:02	1.0	7:51	0.8	7:18	7:12	
14	Wed	2:21	3.5	2:42	2.7	9:15	1.0	9:00	0.8	7:16	7:13	
15	Thu	3:25	3.5	3:48	2.8	10:10	0.9	9:59	0.7	7:15	7:14	
16	Fri	4:25	3.7	4:46	3.0	10:54	0.7	10:48	0.5	7:14	7:14	
17	Sat	5:17	3.9	5:37	3.3	11:36	0.5	11:36	0.3	7:12	7:15	
18	Sun	6:04	4.0	6:23	3.7			12:18	0.3	7:11	7:16	
19	Mon	6:48	4.2	7:07	4.0	12:26	0.1	1:01	0.1	7:09	7:17	
20	Tue	7:29	4.3	7:48	4.4	1:17	-0.1	1:42	-0.1	7:08	7:18	
21	Wed	8:09	4.3	8:29	4.6	2:05	-0.3	2:22	-0.3	7:07	7:18	
22	Thu	8:49	4.3	9:13	4.8	2:50	-0.4	3:01	-0.4	7:05	7:19	
23	Fri	9:33	4.1	10:02	4.8	3:36	-0.3	3:43	-0.4	7:04	7:20	
24	Sat	10:24	3.9	10:57	4.7	4:25	-0.2	4:29	-0.3	7:03	7:21	
25	Sun	11:19	3.7	11:54	4.6	5:18	0.0	5:19	-0.1	7:01	7:22	
26	Mon			12:16	3.5	6:15	0.2	6:15	0.1	7:00	7:22	
27	Tue	12:52	4.5	1:15	3.4	7:20	0.4	7:21	0.3	6:58	7:23	
28	Wed	1:54	4.3	2:22	3.3	8:39	0.5	8:41	0.4	6:57	7:24	
29	Thu	3:05	4.1	3:37	3.3	9:51	0.5	9:55	0.3	6:56	7:25	
30	Fri	4:16	4.1	4:46	3.6	10:46	0.3	10:55	0.2	6:54	7:26	
31	Sat	5:17	4.1	5:44	3.8	11:36	0.2	11:51	0.1	6:53	7:26	