US HARBORS www.USHarbors.com

Cape Lookout Bight, NC - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:29	3.1	7:48	4.2	1:50	0.8	1:13	0.7	5:57	8:23	
2	Mon	8:05	3.1	8:22	4.2	2:25	0.7	1:56	0.7	5:57	8:23	
3	Tue	8:40	3.1	8:57	4.2	2:58	0.7	2:36	0.7	5:58	8:22	
4	Wed	9:17	3.2	9:35	4.1	3:31	0.6	3:16	0.7	5:58	8:22	
5	Thu	10:00	3.3	10:19	4.0	4:06	0.6	3:58	0.7	5:59	8:22	
6	Fri	10:51	3.4	11:09	3.9	4:44	0.6	4:45	0.7	5:59	8:22	
7	Sat	11:44	3.6	11:58	3.9	5:24	0.5	5:37	0.7	6:00	8:22	
8	Sun			12:33	3.8	6:06	0.4	6:31	0.7	6:00	8:22	
9	Mon	12:46	3.8	1:22	4.1	6:52	0.4	7:32	0.7	6:01	8:21	
10	Tue	1:36	3.7	2:16	4.4	7:45	0.3	8:43	0.6	6:02	8:21	
11	Wed	2:33	3.6	3:17	4.6	8:46	0.2	9:49	0.5	6:02	8:21	
12	Thu	3:36	3.6	4:18	4.8	9:45	0.0	10:46	0.3	6:03	8:20	
13	Fri	4:38	3.6	5:18	5.1	10:39	-0.2	11:42	0.1	6:03	8:20	
14	Sat	5:39	3.7	6:17	5.2	11:34	-0.2			6:04	8:19	
15	Sun	6:40	3.8	7:14	5.3	12:42	0.0	12:34	-0.3	6:05	8:19	
16	Mon	7:37	4.0	8:06	5.3	1:44	0.0	1:37	-0.2	6:05	8:19	
17	Tue	8:29	4.1	8:56	5.1	2:38	-0.1	2:36	-0.2	6:06	8:18	
18	Wed	9:21	4.1	9:47	4.8	3:28	-0.1	3:31	-0.1	6:07	8:18	
19	Thu	10:19	4.1	10:44	4.5	4:18	0.0	4:27	0.1	6:07	8:17	
20	Fri	11:20	4.1	11:41	4.2	5:07	0.1	5:25	0.4	6:08	8:16	
21	Sat			12:16	4.1	5:55	0.3	6:21	0.6	6:09	8:16	
22	Sun	12:32	3.9	1:06	4.0	6:41	0.5	7:20	0.9	6:09	8:15	
23	Mon	1:19	3.6	1:54	4.0	7:29	0.7	8:32	1.0	6:10	8:15	
24	Tue	2:07	3.3	2:47	3.9	8:25	0.8	9:40	1.1	6:11	8:14	
25	Wed	3:01	3.1	3:41	3.9	9:20	0.9	10:28	1.1	6:11	8:13	
26	Thu	3:56	3.0	4:31	4.0	10:04	0.9	11:08	1.1	6:12	8:12	
27	Fri	4:45	3.0	5:17	4.0	10:41	0.9	11:48	1.1	6:13	8:12	
28	Sat	5:32	3.0	6:01	4.1	11:18	0.9			6:14	8:11	
29	Sun	6:18	3.1	6:44	4.2	12:30	1.0	11:58 AM	0.8	6:14	8:10	
30	Mon	7:01	3.2	7:23	4.3	1:14	1.0	12:44	0.8	6:15	8:09	
31	Tue	7:40	3.4	7:59	4.4	1:53	0.9	1:31	0.8	6:16	8:08	