

































Cape Lookout Bight, NC - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:31	3.3	7:51	4.5	1:51	0.6	1:27	0.5	5:57	8:23	
2	Mon	8:07	3.4	8:27	4.5	2:28	0.5	2:08	0.5	5:57	8:23	
3	Tue	8:43	3.4	9:03	4.4	3:03	0.5	2:46	0.5	5:58	8:22	
4	Wed	9:22	3.4	9:42	4.3	3:37	0.5	3:25	0.5	5:58	8:22	
5	Thu	10:06	3.4	10:26	4.2	4:13	0.5	4:07	0.6	5:59	8:22	
6	Fri	10:56	3.5	11:14	4.0	4:51	0.5	4:52	0.6	5:59	8:22	
7	Sat	11:46	3.7			5:30	0.5	5:42	0.7	6:00	8:22	
8	Sun	12:01	3.9	12:34	3.9	6:12	0.5	6:37	0.8	6:00	8:22	
9	Mon	12:48	3.8	1:24	4.1	6:59	0.4	7:41	0.8	6:01	8:21	
10	Tue	1:38	3.6	2:20	4.3	7:54	0.4	8:52	0.7	6:02	8:21	
11	Wed	2:36	3.5	3:22	4.5	8:54	0.2	9:56	0.5	6:02	8:21	
12	Thu	3:40	3.5	4:24	4.8	9:51	0.0	10:52	0.3	6:03	8:20	
13	Fri	4:42	3.6	5:23	5.0	10:45	-0.1	11:48	0.2	6:03	8:20	
14	Sat	5:42	3.7	6:20	5.2	11:40	-0.3			6:04	8:19	
15	Sun	6:41	3.9	7:14	5.4	12:48	0.0	12:40	-0.3	6:05	8:19	
16	Mon	7:35	4.1	8:05	5.3	1:45	-0.1	1:40	-0.4	6:05	8:19	
17	Tue	8:26	4.2	8:54	5.2	2:37	-0.2	2:36	-0.3	6:06	8:18	
18	Wed	9:17	4.2	9:44	4.9	3:25	-0.2	3:29	-0.2	6:07	8:18	
19	Thu	10:13	4.2	10:38	4.6	4:13	-0.1	4:22	0.0	6:07	8:17	
20	Fri	11:12	4.2	11:33	4.3	5:00	0.0	5:17	0.3	6:08	8:16	
21	Sat			12:07	4.1	5:48	0.2	6:14	0.6	6:09	8:16	
22	Sun	12:23	4.0	12:58	4.1	6:36	0.4	7:14	0.8	6:09	8:15	
23	Mon	1:11	3.6	1:49	4.0	7:27	0.6	8:24	1.0	6:10	8:15	
24	Tue	2:01	3.4	2:45	3.9	8:24	0.7	9:32	1.0	6:11	8:14	
25	Wed	2:58	3.2	3:43	4.0	9:20	0.8	10:24	1.0	6:11	8:13	
26	Thu	3:58	3.1	4:36	4.0	10:07	0.8	11:09	0.9	6:12	8:12	
27	Fri	4:51	3.1	5:25	4.1	10:49	0.7	11:53	0.9	6:13	8:12	
28	Sat	5:40	3.2	6:10	4.3	11:31	0.7			6:14	8:11	
29	Sun	6:25	3.3	6:51	4.4	12:39	0.8	12:16	0.6	6:14	8:10	
30	Mon	7:06	3.4	7:29	4.5	1:23	0.7	1:02	0.5	6:15	8:09	
31	Tue	7:44	3.6	8:05	4.5	2:01	0.6	1:46	0.5	6:16	8:08	