US HARBORS www.USHarbors.com

# Cape Lookout Bight, NC - Aug 2059

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 1:44 | 3.7 | 2:25 | 4.6 | 7:52 | 0.4 | 9:13 | 0.7 | 6:16 | 8:08 | |
| 2 | Sat | 2:44 | 3.5 | 3:28 | 4.5 | 8:59 | 0.5 | 10:16 | 0.8 | 6:17 | 8:07 | |
| 3 | Sun | 3:48 | 3.3 | 4:28 | 4.5 | 9:58 | 0.6 | 11:08 | 0.8 | 6:18 | 8:06 | |
| 4 | Mon | 4:48 | 3.2 | 5:24 | 4.4 | 10:47 | 0.6 | 11:58 | 0.8 | 6:18 | 8:05 | |
| 5 | Tue | 5:44 | 3.3 | 6:16 | 4.4 | 11:33 | 0.7 | | | 6:19 | 8:04 | |
| 6 | Wed | 6:36 | 3.3 | 7:02 | 4.4 | 12:51 | 0.9 | 12:20 | 0.8 | 6:20 | 8:03 | |
| 7 | Thu | 7:19 | 3.4 | 7:40 | 4.4 | 1:39 | 0.9 | 1:11 | 0.8 | 6:21 | 8:02 | |
| 8 | Fri | 7:56 | 3.5 | 8:14 | 4.3 | 2:17 | 0.9 | 1:56 | 0.8 | 6:21 | 8:01 | |
| 9 | Sat | 8:30 | 3.6 | 8:47 | 4.2 | 2:48 | 0.9 | 2:36 | 0.8 | 6:22 | 8:00 | |
| 10 | Sun | 9:04 | 3.6 | 9:21 | 4.1 | 3:16 | 0.9 | 3:13 | 0.9 | 6:23 | 7:59 | |
| 11 | Mon | 9:41 | 3.7 | 9:58 | 3.9 | 3:45 | 0.9 | 3:51 | 0.9 | 6:24 | 7:58 | |
| 12 | Tue | 10:24 | 3.8 | 10:41 | 3.7 | 4:15 | 0.9 | 4:32 | 1.0 | 6:24 | 7:57 | |
| 13 | Wed | 11:12 | 3.8 | 11:27 | 3.5 | 4:48 | 0.9 | 5:16 | 1.1 | 6:25 | 7:56 | |
| 14 | Thu | 11:58 | 3.9 | | | 5:24 | 0.9 | 6:01 | 1.2 | 6:26 | 7:55 | |
| 15 | Fri | 12:10 | 3.4 | 12:41 | 4.1 | 6:02 | 1.0 | 6:50 | 1.3 | 6:27 | 7:54 | |
| 16 | Sat | 12:53 | 3.3 | 1:27 | 4.2 | 6:45 | 1.0 | 7:49 | 1.3 | 6:27 | 7:53 | |
| 17 | Sun | 1:38 | 3.3 | 2:19 | 4.3 | 7:38 | 0.9 | 8:58 | 1.2 | 6:28 | 7:51 | |
| 18 | Mon | 2:34 | 3.3 | 3:20 | 4.5 | 8:43 | 0.8 | 9:58 | 1.1 | 6:29 | 7:50 | |
| 19 | Tue | 3:38 | 3.3 | 4:21 | 4.7 | 9:45 | 0.6 | 10:48 | 0.9 | 6:30 | 7:49 | |
| 20 | Wed | 4:39 | 3.5 | 5:19 | 4.9 | 10:40 | 0.4 | 11:39 | 0.7 | 6:30 | 7:48 | |
| 21 | Thu | 5:39 | 3.8 | 6:16 | 5.1 | 11:35 | 0.2 | | | 6:31 | 7:47 | |
| 22 | Fri | 6:38 | 4.2 | 7:10 | 5.2 | 12:33 | 0.5 | 12:36 | 0.1 | 6:32 | 7:45 | |
| 23 | Sat | 7:32 | 4.5 | 8:00 | 5.2 | 1:28 | 0.3 | 1:39 | 0.0 | 6:32 | 7:44 | |
| 24 | Sun | 8:23 | 4.8 | 8:48 | 5.1 | 2:19 | 0.1 | 2:37 | -0.1 | 6:33 | 7:43 | |
| 25 | Mon | 9:14 | 5.0 | 9:38 | 4.8 | 3:07 | 0.0 | 3:33 | 0.0 | 6:34 | 7:42 | |
| 26 | Tue | 10:09 | 5.1 | 10:35 | 4.5 | 3:54 | 0.0 | 4:30 | 0.1 | 6:35 | 7:40 | |
| 27 | Wed | 11:10 | 5.1 | 11:35 | 4.2 | 4:44 | 0.1 | 5:29 | 0.4 | 6:35 | 7:39 | |
| 28 | Thu | | | 12:10 | 5.0 | 5:35 | 0.3 | 6:29 | 0.6 | 6:36 | 7:38 | |
| 29 | Fri | 12:31 | 4.0 | 1:05 | 4.9 | 6:28 | 0.5 | 7:34 | 0.9 | 6:37 | 7:36 | |
| 30 | Sat | 1:25 | 3.7 | 2:01 | 4.7 | 7:26 | 0.8 | 8:53 | 1.0 | 6:38 | 7:35 | |
| 31 | Sun | 2:23 | 3.5 | 3:05 | 4.5 | 8:37 | 0.9 | 10:01 | 1.1 | 6:38 | 7:34 | |