

































## Cape Lookout Bight, NC - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:21	3.9	11:36	3.7	5:04	0.6	5:26	0.8	6:17	8:07	
2	Mon			12:06	3.9	5:41	0.7	6:13	1.0	6:18	8:06	
3	Tue	12:18	3.5	12:50	3.9	6:19	0.8	7:05	1.2	6:18	8:05	
4	Wed	1:00	3.2	1:35	3.9	7:03	0.9	8:10	1.3	6:19	8:05	
5	Thu	1:46	3.1	2:29	3.9	7:56	1.0	9:19	1.3	6:20	8:04	
6	Fri	2:41	3.0	3:29	4.0	8:57	1.0	10:14	1.2	6:20	8:03	
7	Sat	3:44	3.0	4:27	4.1	9:51	0.9	11:01	1.1	6:21	8:02	
8	Sun	4:42	3.1	5:20	4.3	10:40	0.7	11:47	0.9	6:22	8:01	
9	Mon	5:36	3.3	6:10	4.6	11:28	0.5			6:23	7:59	
10	Tue	6:26	3.5	6:56	4.8	12:35	0.7	12:20	0.4	6:23	7:58	
11	Wed	7:13	3.8	7:39	4.9	1:22	0.5	1:14	0.2	6:24	7:57	
12	Thu	7:57	4.1	8:20	4.9	2:04	0.3	2:06	0.1	6:25	7:56	
13	Fri	8:41	4.4	9:03	4.8	2:44	0.1	2:54	0.0	6:26	7:55	
14	Sat	9:27	4.6	9:49	4.6	3:24	0.0	3:43	0.0	6:26	7:54	
15	Sun	10:20	4.7	10:40	4.3	4:05	-0.1	4:35	0.1	6:27	7:53	
16	Mon	11:16	4.8	11:34	4.1	4:50	0.0	5:31	0.3	6:28	7:52	
17	Tue			12:12	4.8	5:38	0.1	6:30	0.6	6:29	7:51	
18	Wed	12:28	3.8	1:08	4.7	6:31	0.2	7:37	0.8	6:29	7:49	
19	Thu	1:24	3.6	2:09	4.6	7:32	0.4	8:56	0.9	6:30	7:48	
20	Fri	2:27	3.4	3:19	4.5	8:45	0.5	10:06	0.9	6:31	7:47	
21	Sat	3:40	3.4	4:27	4.5	9:53	0.5	11:03	0.8	6:32	7:46	
22	Sun	4:49	3.5	5:29	4.6	10:51	0.5	11:56	0.7	6:32	7:44	
23	Mon	5:49	3.6	6:22	4.6	11:46	0.4			6:33	7:43	
24	Tue	6:41	3.8	7:08	4.7	12:48	0.6	12:41	0.4	6:34	7:42	
25	Wed	7:25	4.0	7:47	4.6	1:34	0.5	1:32	0.4	6:34	7:41	
26	Thu	8:03	4.1	8:22	4.5	2:12	0.5	2:16	0.4	6:35	7:39	
27	Fri	8:38	4.2	8:56	4.4	2:45	0.5	2:55	0.4	6:36	7:38	
28	Sat	9:14	4.2	9:31	4.1	3:16	0.5	3:33	0.5	6:37	7:37	
29	Sun	9:52	4.2	10:10	3.9	3:47	0.6	4:11	0.7	6:37	7:35	
30	Mon	10:35	4.2	10:52	3.7	4:19	0.7	4:51	0.9	6:38	7:34	
31	Tue	11:20	4.1	11:37	3.5	4:53	0.8	5:34	1.1	6:39	7:33	