

































Cape Lookout Bight, NC - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:19	4.2	4:34	3.0	10:47	0.5	10:24	0.1	7:12	5:06	
2	Wed	5:08	4.5	5:25	3.1	11:38	0.4	11:15	0.0	7:13	5:07	
3	Thu	5:56	4.7	6:13	3.4			12:28	0.2	7:13	5:07	
4	Fri	6:41	4.8	6:59	3.6	12:10	-0.2	1:13	0.0	7:13	5:08	
5	Sat	7:25	4.8	7:45	3.8	1:03	-0.3	1:55	-0.2	7:13	5:09	
6	Sun	8:10	4.7	8:35	3.9	1:53	-0.4	2:38	-0.3	7:13	5:10	
7	Mon	8:59	4.5	9:31	4.1	2:44	-0.3	3:22	-0.4	7:13	5:11	
8	Tue	9:52	4.2	10:29	4.2	3:39	-0.2	4:08	-0.4	7:13	5:12	
9	Wed	10:47	3.9	11:26	4.3	4:36	0.0	4:57	-0.3	7:13	5:12	
10	Thu	11:39	3.6			5:38	0.2	5:49	-0.2	7:13	5:13	
11	Fri	12:21	4.3	12:34	3.3	6:47	0.4	6:48	0.0	7:13	5:14	
12	Sat	1:22	4.2	1:36	3.1	8:05	0.5	7:55	0.0	7:13	5:15	
13	Sun	2:28	4.2	2:45	3.0	9:12	0.4	8:57	0.0	7:12	5:16	
14	Mon	3:33	4.2	3:50	3.0	10:08	0.4	9:51	0.0	7:12	5:17	
15	Tue	4:32	4.3	4:50	3.0	11:04	0.3	10:43	0.1	7:12	5:18	
16	Wed	5:25	4.3	5:43	3.1	11:58	0.3	11:37	0.1	7:12	5:19	
17	Thu	6:11	4.3	6:27	3.2			12:46	0.2	7:11	5:20	
18	Fri	6:51	4.3	7:06	3.3	12:28	0.1	1:25	0.1	7:11	5:21	
19	Sat	7:26	4.2	7:43	3.4	1:13	0.1	1:59	0.1	7:11	5:22	
20	Sun	8:01	4.1	8:21	3.4	1:53	0.1	2:31	0.1	7:10	5:23	
21	Mon	8:38	3.9	9:01	3.5	2:31	0.2	3:02	0.1	7:10	5:24	
22	Tue	9:17	3.6	9:45	3.5	3:10	0.3	3:34	0.2	7:10	5:25	
23	Wed	9:59	3.4	10:30	3.5	3:51	0.4	4:08	0.3	7:09	5:26	
24	Thu	10:42	3.2	11:14	3.5	4:35	0.6	4:44	0.4	7:09	5:27	
25	Fri	11:23	3.0	11:58	3.6	5:22	0.7	5:23	0.5	7:08	5:28	
26	Sat			12:06	2.8	6:16	0.9	6:09	0.5	7:07	5:29	
27	Sun	12:47	3.6	12:55	2.7	7:25	0.9	7:07	0.5	7:07	5:30	
28	Mon	1:45	3.7	1:57	2.6	8:33	0.9	8:11	0.4	7:06	5:31	
29	Tue	2:48	3.8	3:02	2.7	9:28	0.7	9:08	0.2	7:06	5:32	
30	Wed	3:48	4.0	4:03	2.9	10:17	0.5	10:00	0.0	7:05	5:33	
31	Thu	4:43	4.3	5:00	3.2	11:08	0.3	10:55	-0.2	7:04	5:34	